

# iQ5 & MYiQ Real-Time PCR

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## CFX-96 and CFX Connect Real-Time PCR



CFX96/CFX Connect



iQ5/MYQ

# What is Quantitative PCR?

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The monitoring of PCR reactions in real time for the estimation of relative or absolute gene expression

# Quantitative PCR

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Through the use of fluorescent dyes (SYBR Green, fluorescent probes) that detect PCR products, real-time PCR measures the reaction directly during amplification

# Why Use Quantitative PCR?

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More accurate than gel-based reverse transcriptase PCR

Publications are requiring real time PCR data rather than RT PCRs

Ease and speed of quantification

Can do many technical replicates without exhausting cDNA template

# Real-Time PCR: Applications

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Real-Time qPCR provides information for **relative** or **absolute** measurements of starting material.

- Gene Expression Studies
- NextGen sequencing/Microarray Validation
- Chromatin Immunoprecipitation (ChIP)
- Allelic Discrimination/SNP
- Transgene Analysis/GMO Testing
- Viral/Bacterial Load Studies

# Limitations of Conventional PCR

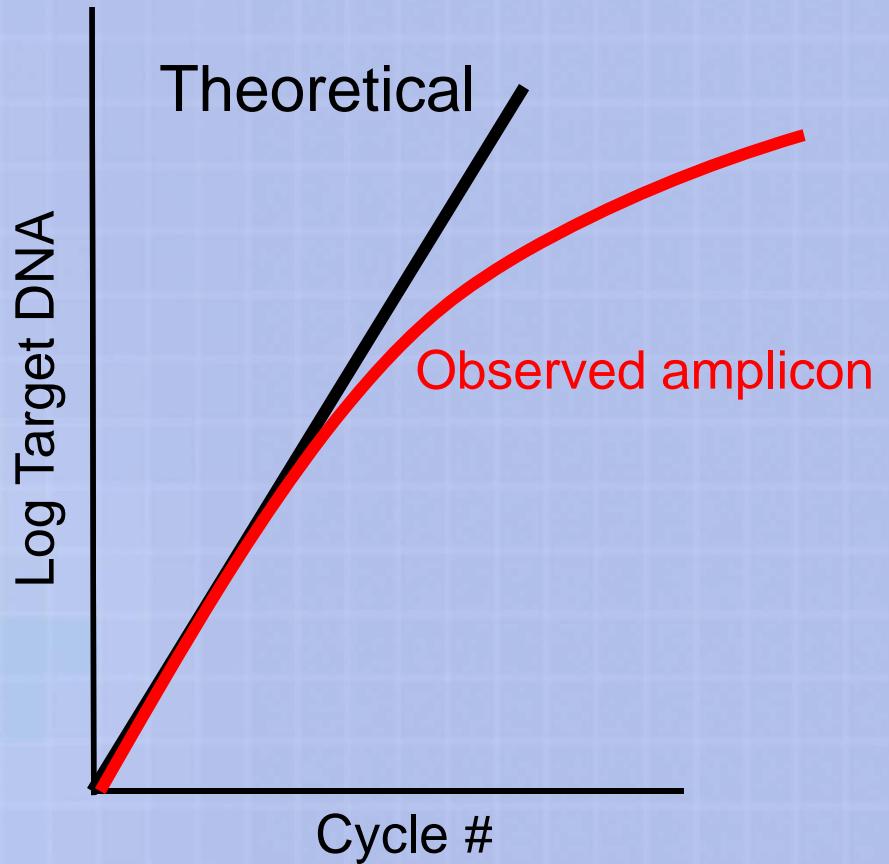
Amplification is exponential initially

In theory, the amount of DNA produced at every cycle should double,

$$\text{Product} = \text{Template quantity} \times 2^n$$

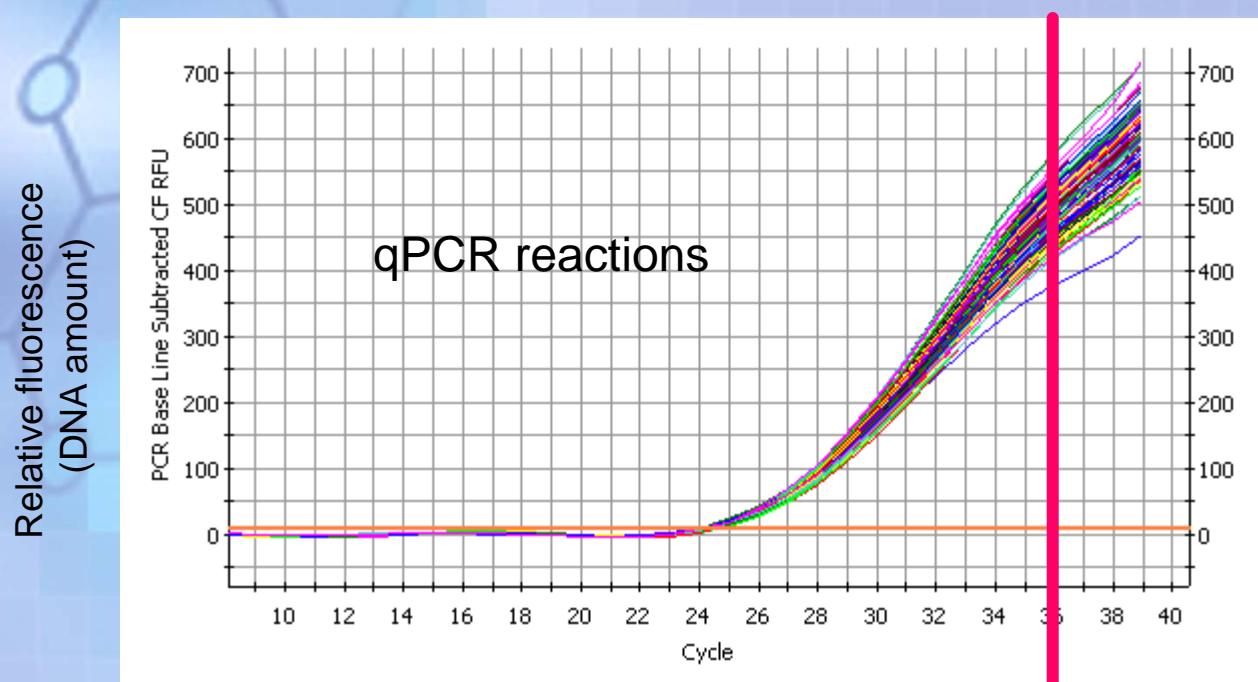
( $n = \# \text{ of cycles}$ )

But the exponential phase becomes linear as reactants become rate-limiting

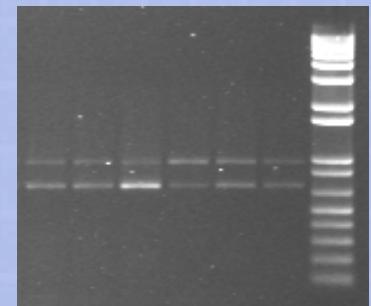


# Gel-based RT PCR is an End-Point Analysis

96 identical reactions will have very different final amounts of fluorescence at endpoint due to differences in kinetics and pipetting



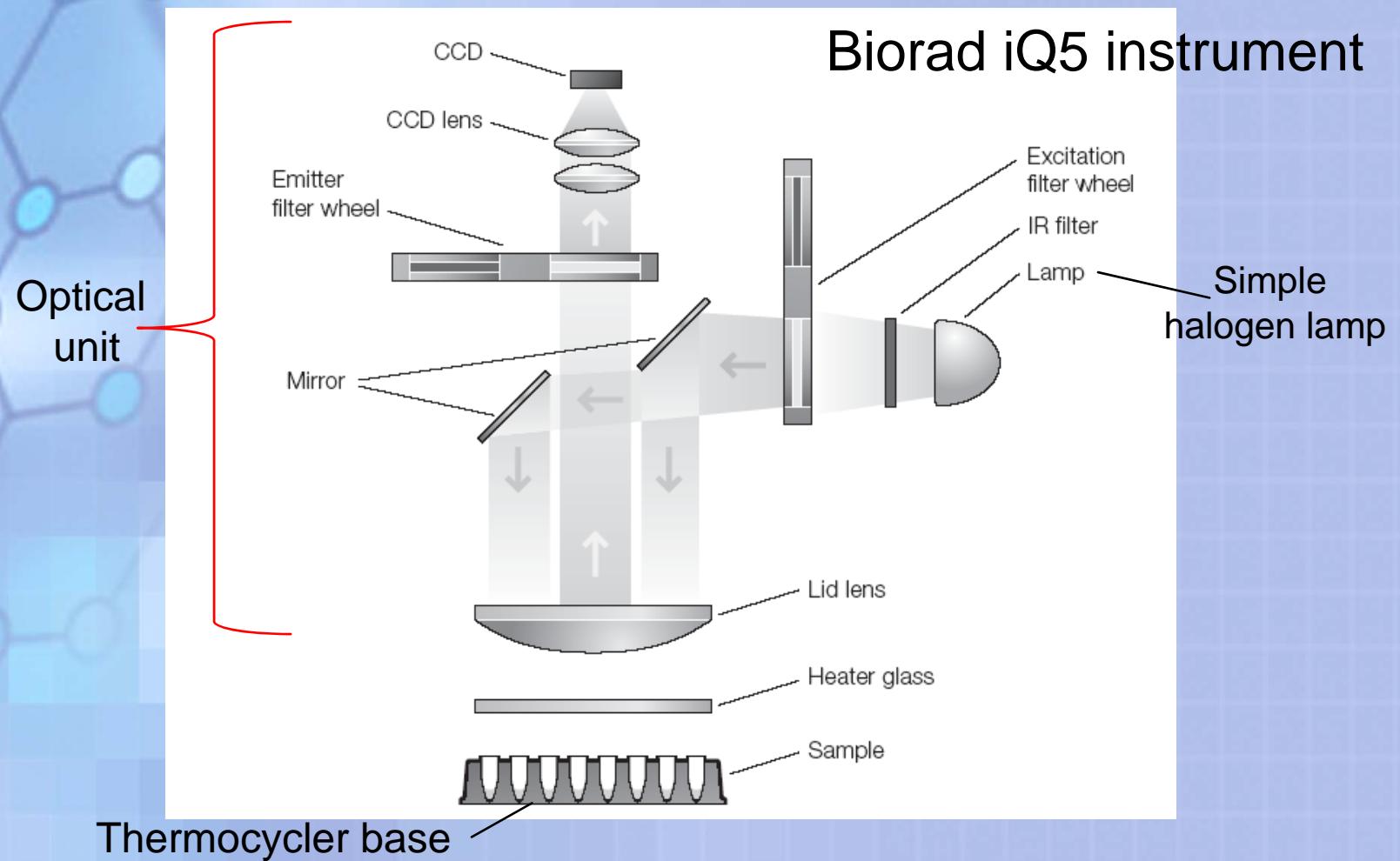
Gel-based RT PCR  
to measure gene expression



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# How do real-time PCR instruments work?

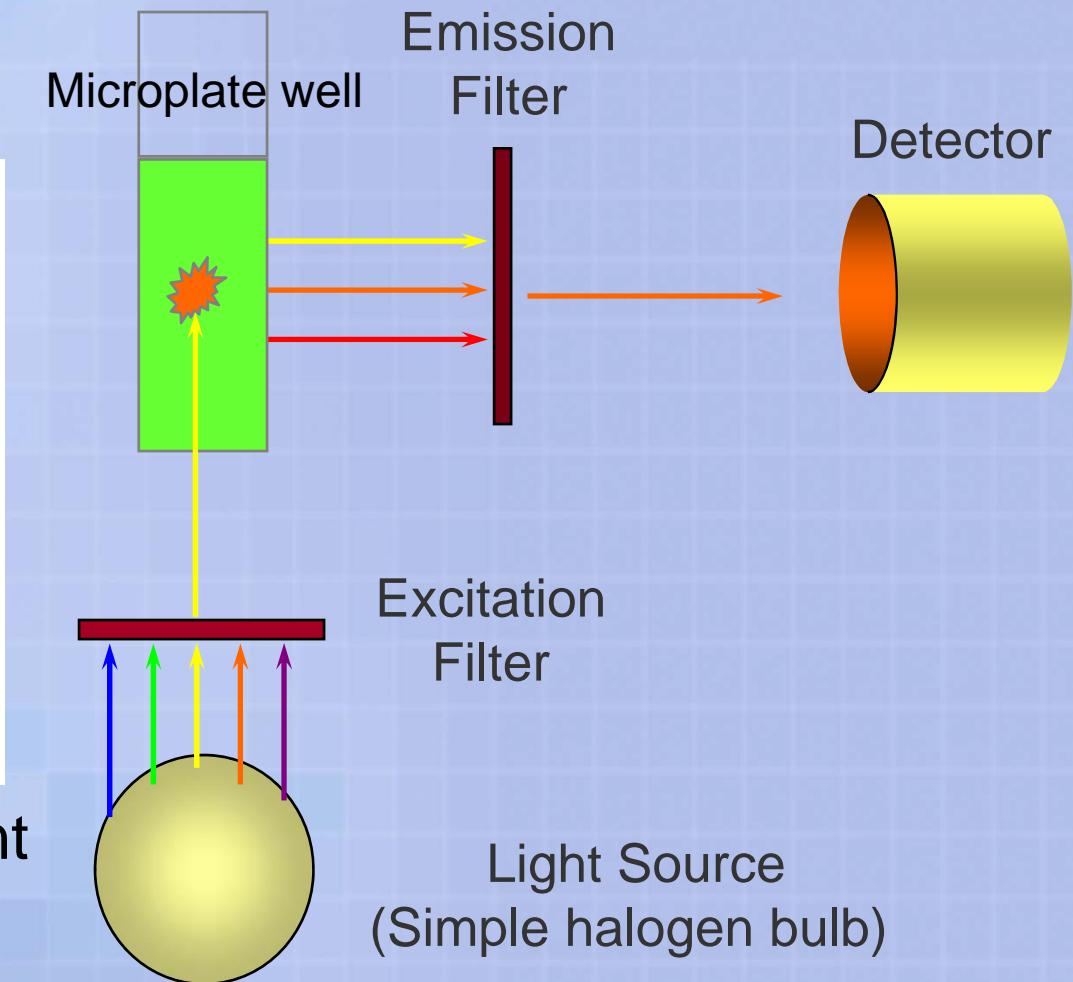
# Lamp Based-Optical System



# Optics Utilize Filter Wheels

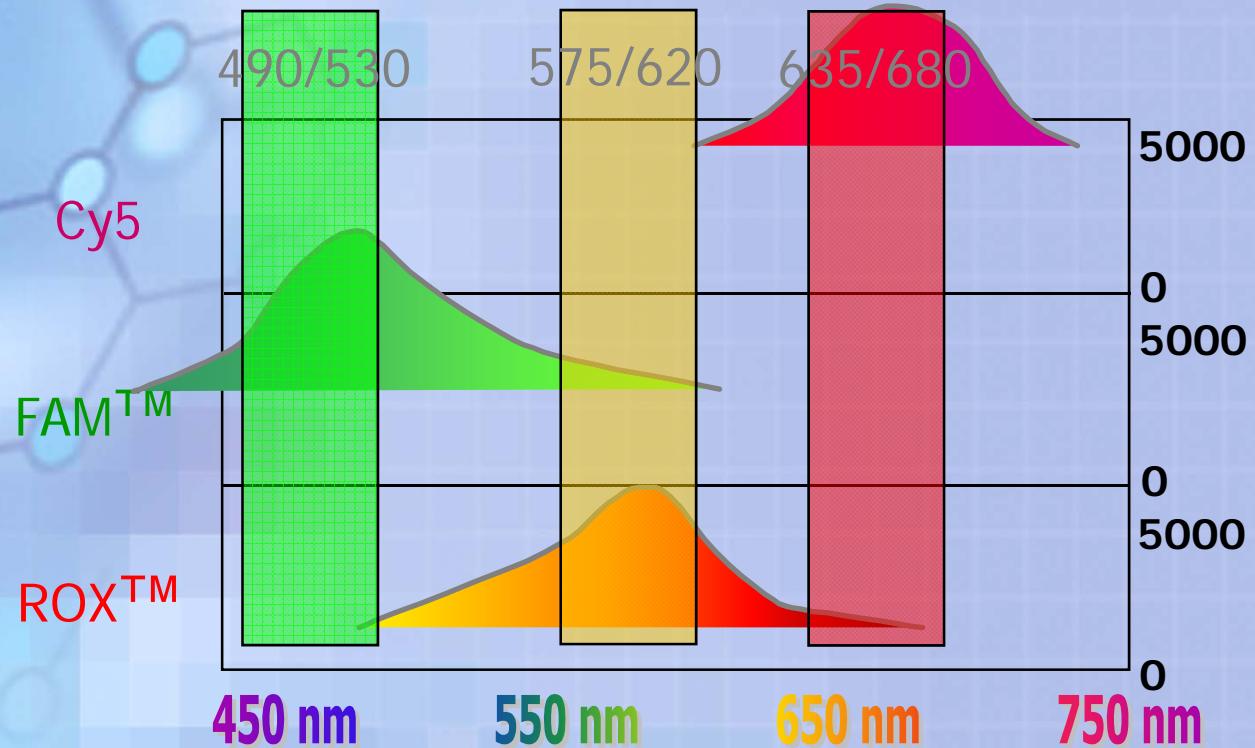


Biorad iQ5 instrument



Light Source  
(Simple halogen bulb)

# Emission Filter Windows



- Some (iQ5, ABI) instruments detect up to 5 dyes colors
- Simpler instruments (MYQ) detect SYBR Green only

# Fast Thermal Cycling Instruments

- Some instruments have thermocyclers that can ramp very rapidly to save time
- These instruments have more advanced blocks
- Examples include Biorad CFX96, ABI 7500 and others

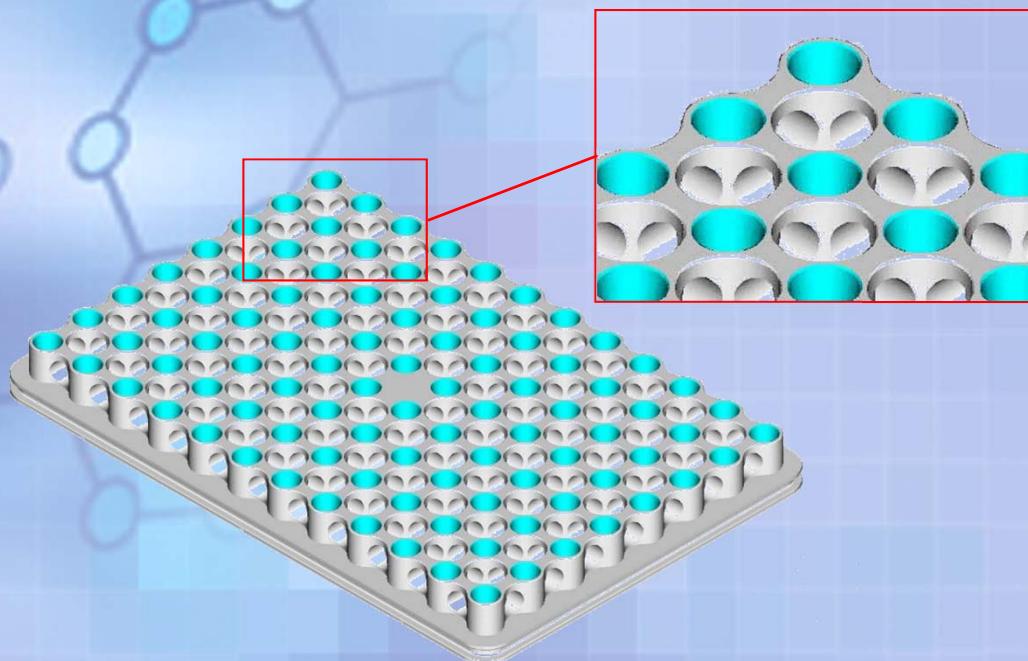
Max ramp rate	5°C/sec
Average ramp rate	3.3°C/sec
Temp Accuracy	± 0.2°C
Temp Uniformity	± 0.4°C in 10 sec
Temp Range	0-100°C



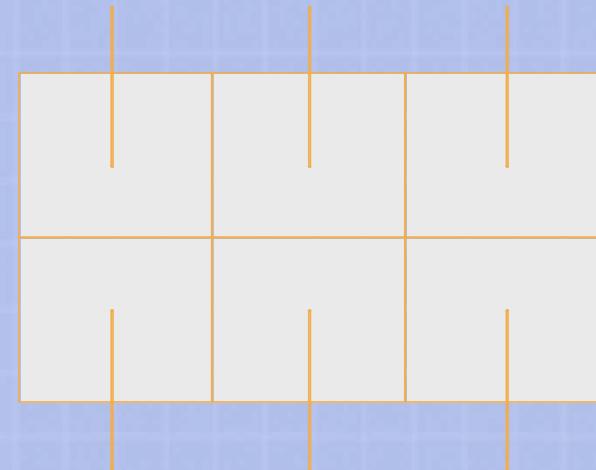
Biorad CFX96 instrument

# Fast Block Design

Honeycomb architecture produces more uniform heating and cooling



Bio-Rad CFX96 block

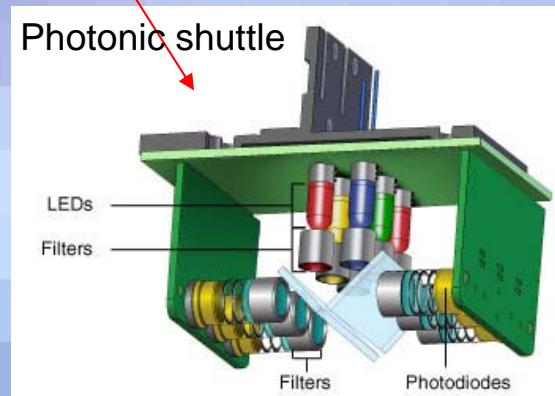


6 independent zones of thermal control

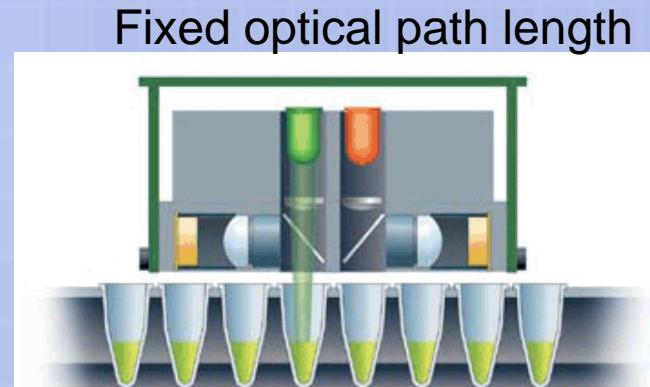
# LED Optical Technology



- CFX96 uses a scanning shuttle
  - 6 filtered LEDs for excitation
  - 6 filtered photodiodes for detection
  - LEDs fire sequentially
- Multiplex up to 5 targets
- **Fixed optical path length for all wells**
- Reduce cross talk between wells



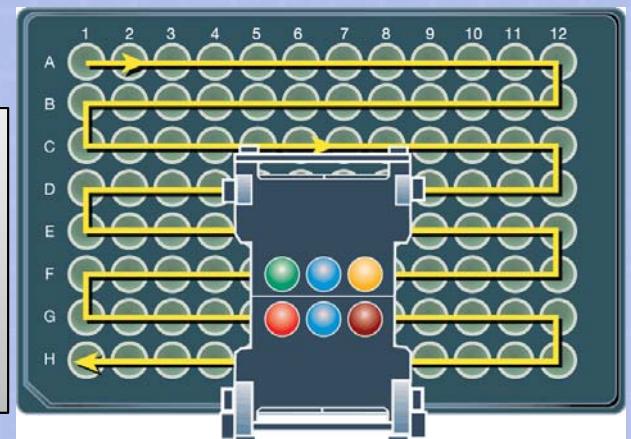
Once detector/filter  
for each color detected



# LED Optical Technology

- LEDs are long lasting
- Factory calibrated.
  - Does not require periodic calibration.
- No need for Passive Reference (Rox/Fluorescein)

Shuttle moves in zig-zag pattern



- LED instrument always acquires data from all wells in all channels (CFX)
- Laser Homing of shuttle at every scan

# Fast Scanning on CFX

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- Flexibility of 3 data acquisition scan modes
- Shorten run times using the SYBR/FAM Only fast scan mode

Mode	Channel(s)	Scan Time (sec)
All Channels	1-5	12
SYBR/FAM Only	1	3
FRET (Fluorescence resonance energy transfer)	6	3

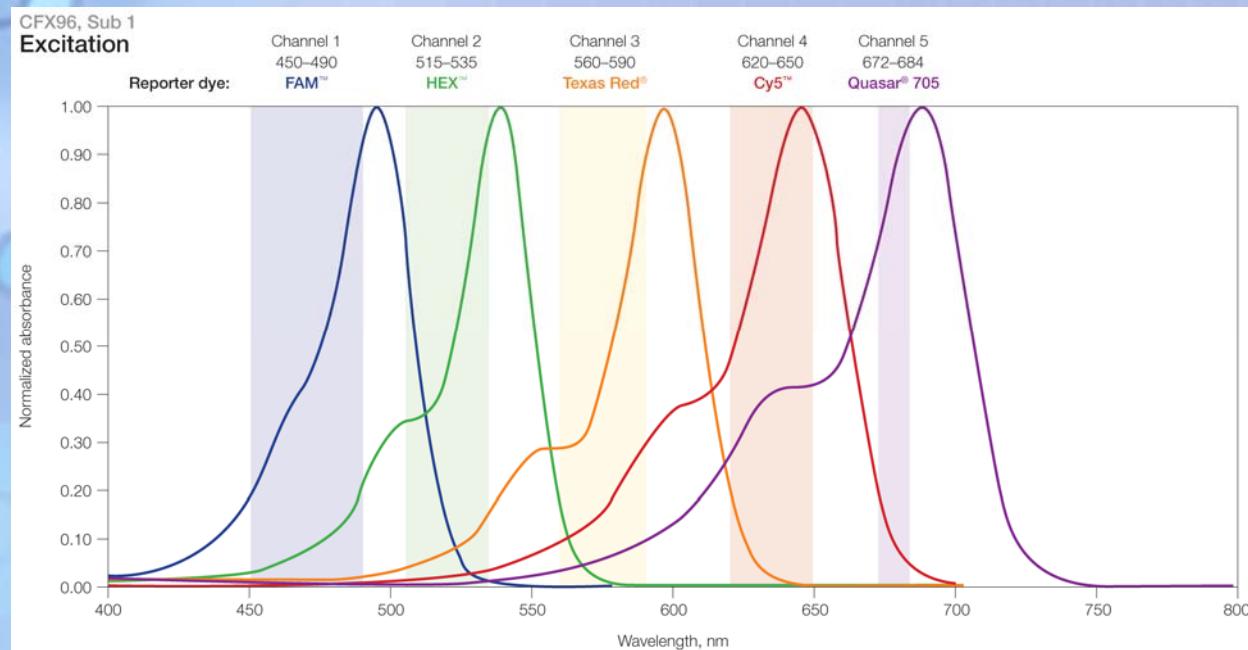
FRET useful for examining protein-protein interactions

# Multiple Filter Sets for Multiplex Assays

Channel	Excitation (nm)	Detection (nm)	Calibrated Fluorophores
1	450-490	515-530	FAM™, SYBR Green I™
2	515-535	560-580	VIC®, HEX™, TET™, Cal Gold 540™
3	560-590	610-650	ROX™, TEXAS RED®, Cal Red 610™
4	620-650	675-690	CY5, Quasar 670™
5	672-684	705-730	Quasar 705™
6	450-490	560-580	Accommodates FRET Chemistry

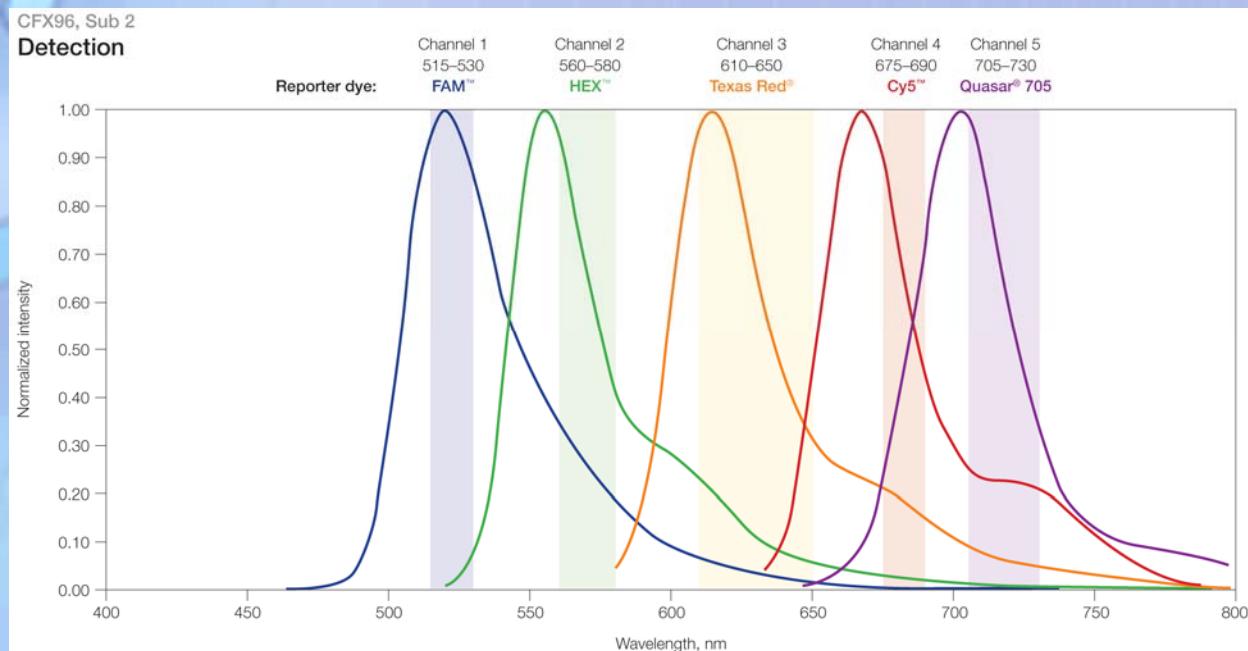
# Excitation Wavelengths

The LED-filter combinations permit excitation of multiple specific dyes



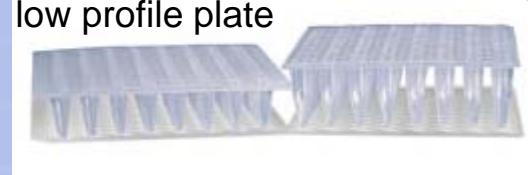
# Detection Wavelengths

The detection filters can detect fluorescence from multiple dyes

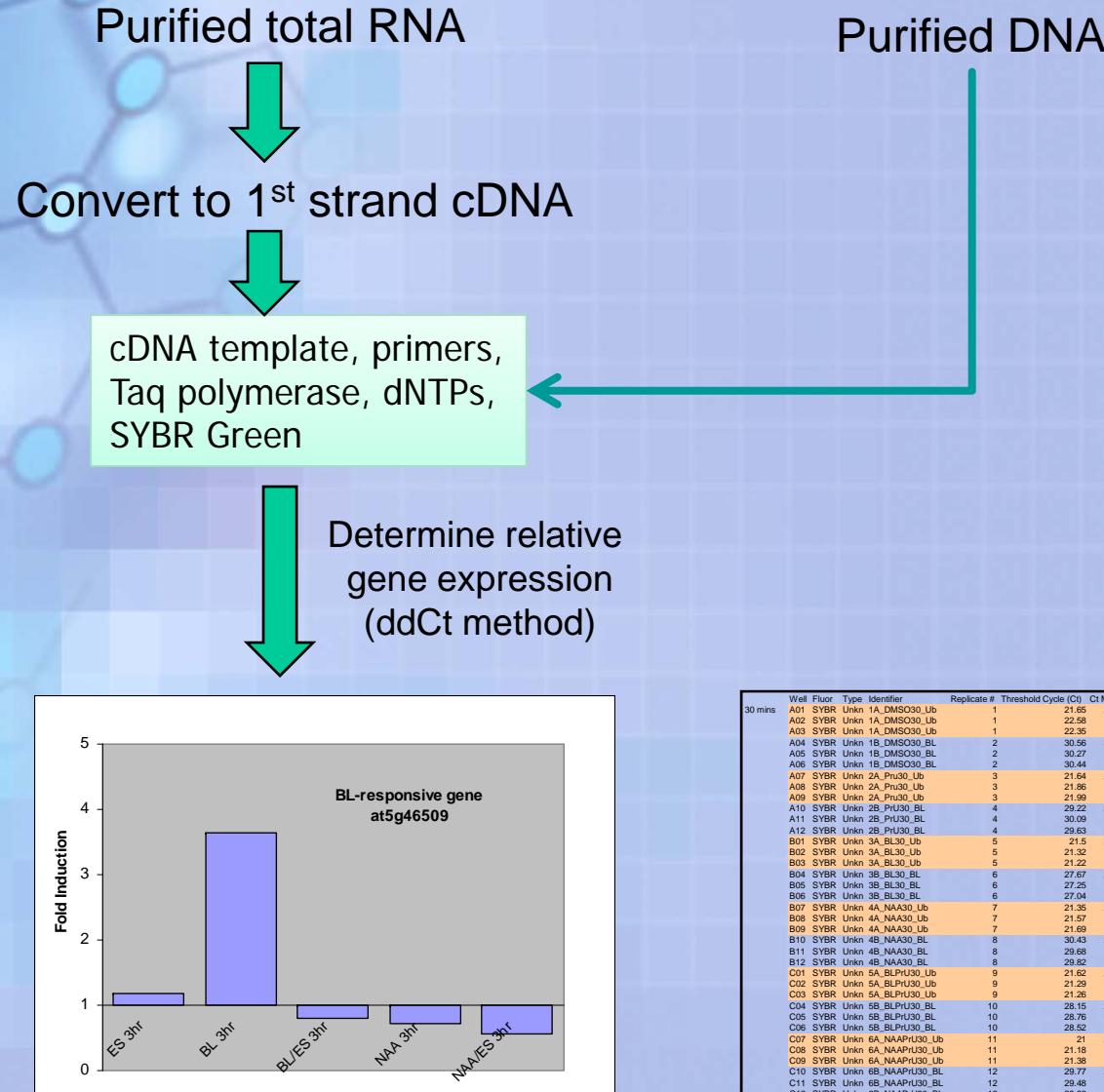


# Practical Differences (iQ5/MYiQ vs CFX96)

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- CFX96 requires low profile plate (Biorad MLL 9601)  
standard height plate  

- All instruments can use SYBRGreen Supermix or other qPCR reagents with fluorescein. However,
  - CFX96 does not require any normalization dye
  - CFX96 can use SooAdvanced reagents (about 45min run)
  - even using SYBRGreen Supermix will take <1.5hrs for run vs 2.5 hrs for iQ5/MYiQ
- CFX96 and iQ software are sharable
  - CFX96 software will be somewhat familiar to iQ users and offers a few additional features

# Quantitative PCR workflow

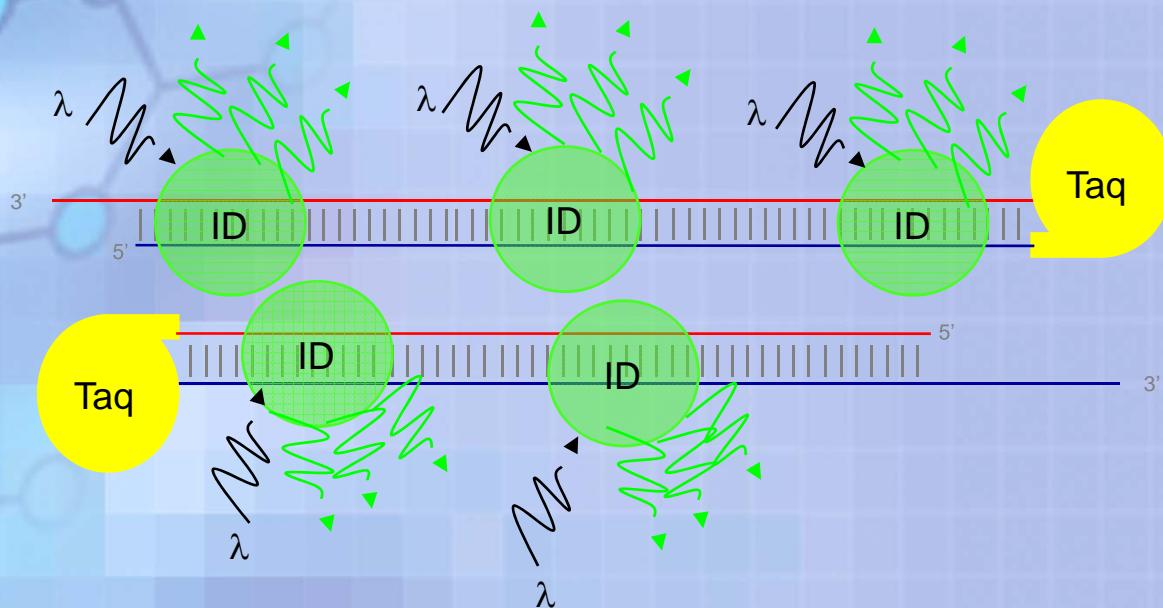


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# Detection Methods

# Intercalation Dyes: SYBR Green I

SYBR displays strong fluorescence in the presence of dsDNA



Ethidium bromide is 25x more fluorescent when intercalated into dsDNA  
SYBR Green **125x** more fluorescent when intercalated into dsDNA

# Hybridization Probes

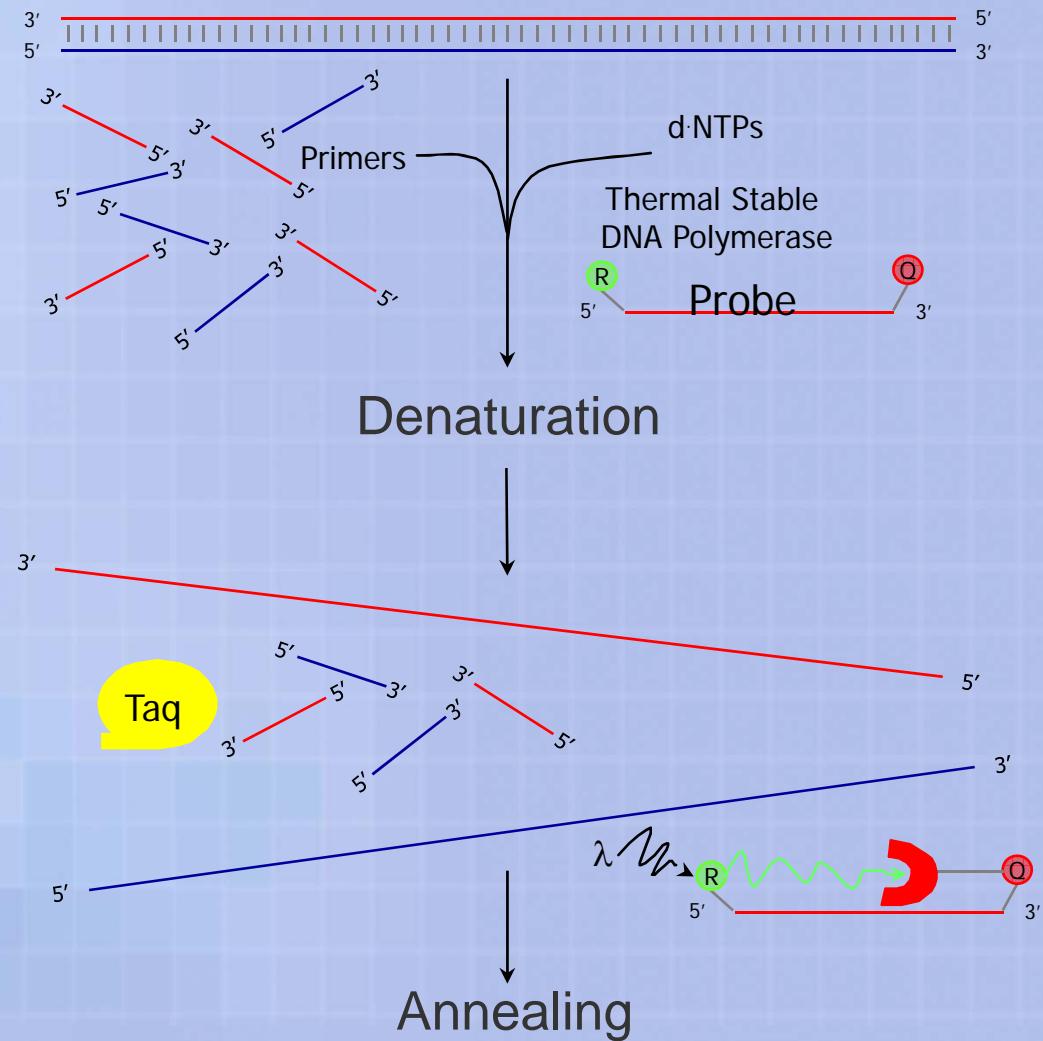
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Currently, hybridization probe strategies fall into three main categories

- **Cleavage-based assay**
  - TaqMan™ Assays
  - Locked nucleic acids (LNA)
- **Displaceable probe assays**
  - Molecular Beacons
  - Dual-oligo FRET probes
- **Probes incorporated directly into the primers**
  - Amplifluor & Scorpions

# Cleavage-based assay: TaqMan™

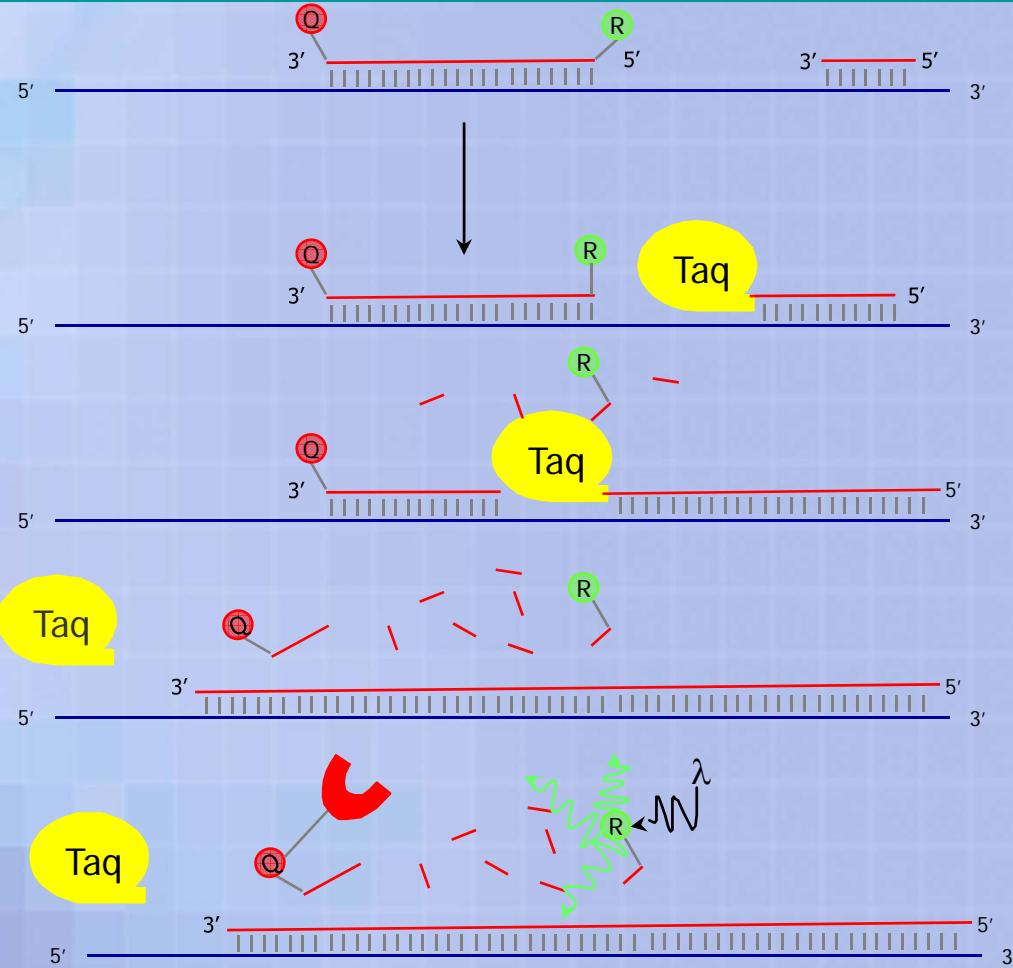
Add iQ Supermix,  
Hybridization Probe  
and sample

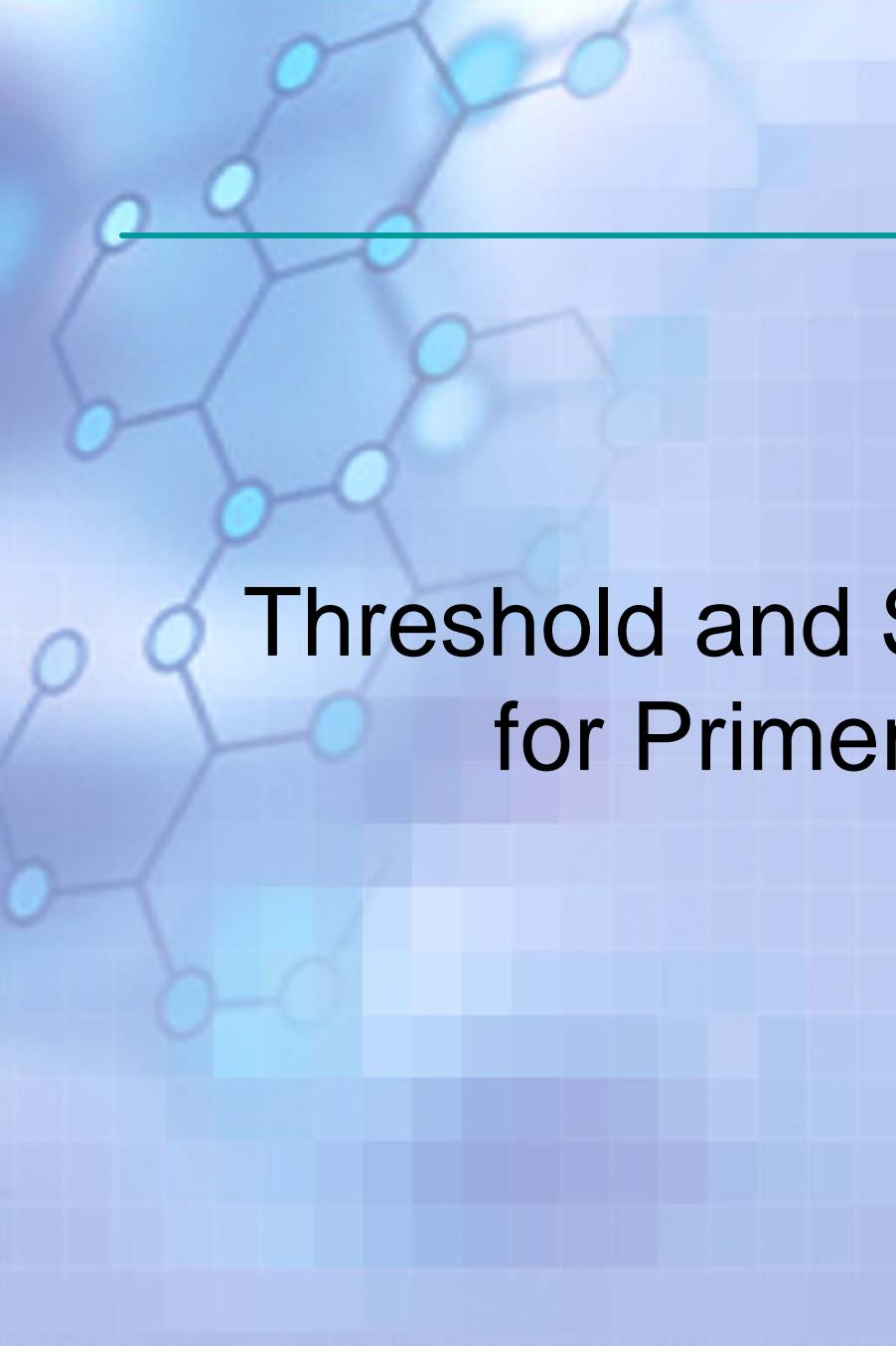


# Cleavage-based assay: TaqMan™

Extension Step

Released signal  
is proportional to  
quantity of starting  
mRNA in the cDNA  
population



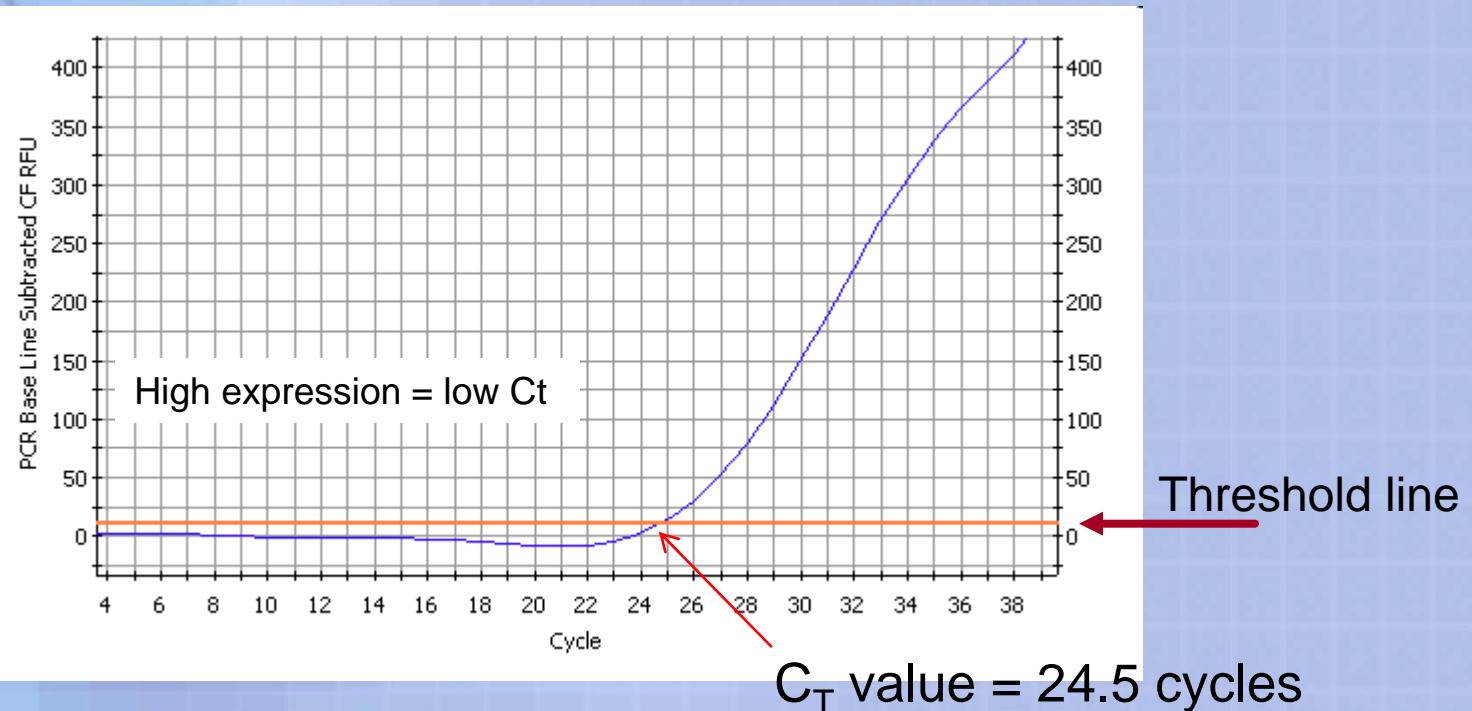


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# Threshold and Standard Curves for Primer Efficiency

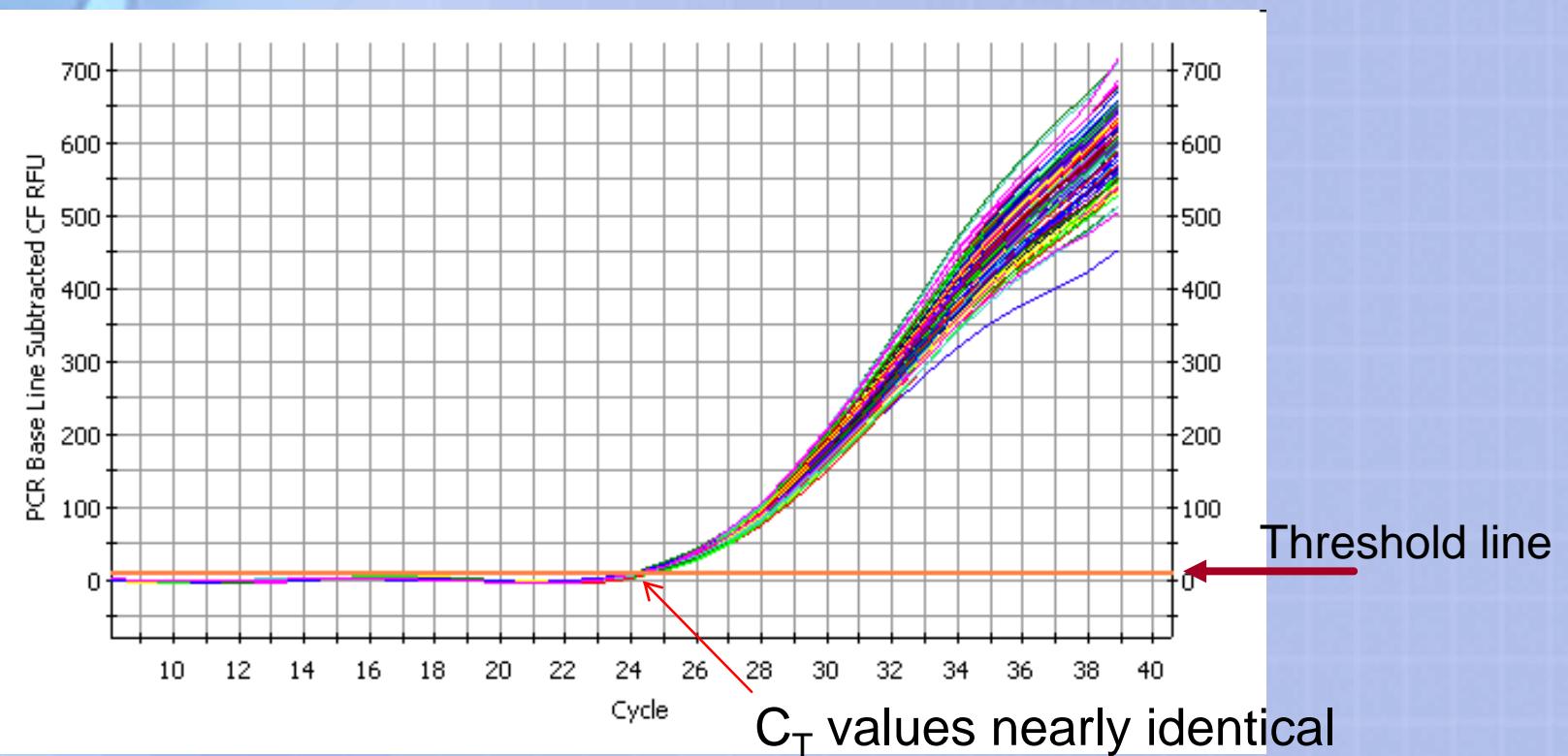
# Cycle Threshold ( $C_T$ )

- Assigned point at which the fluorescence rises appreciably above background
- The  $C_T$  can be placed anywhere in the exponential (log-linear) phase



# Results are More Accurate in the Log Phase

96 identical reactions will have nearly identical  $C_T$  values when measured at the linear phase of amplification



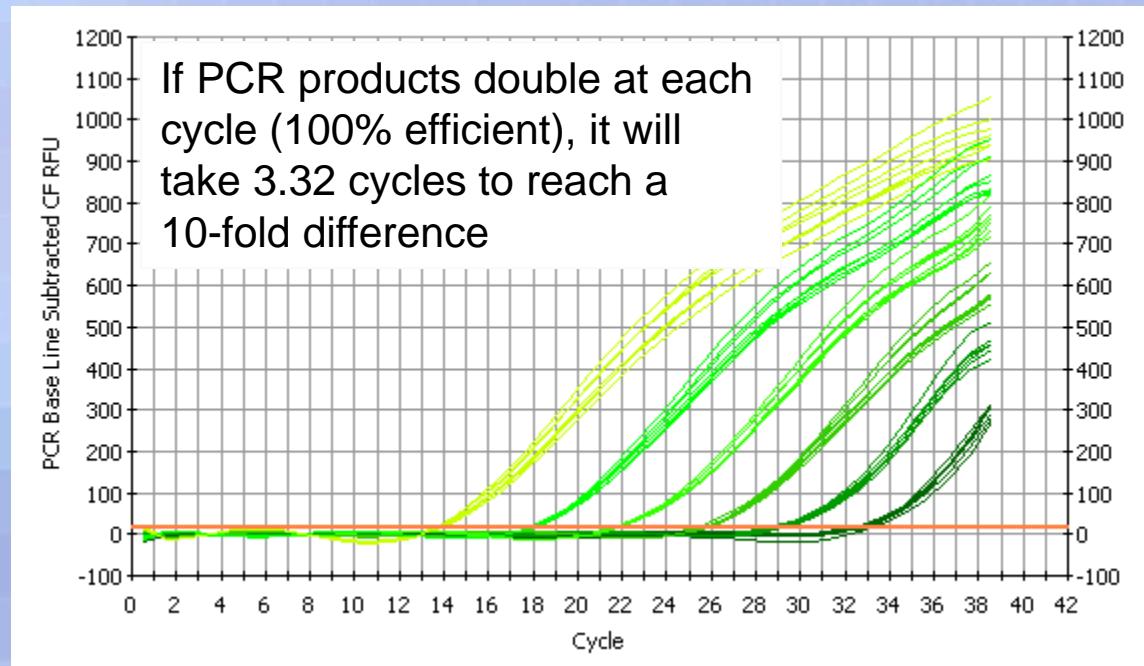
# Cycle Threshold ( $C_T$ )

- At the  $C_T$ , the fluorescence correlates well with the starting copy number
- Instruments have a dynamic range of up to 9 orders of magnitude
- Each 10x dilution of template equals 3.3 cycles. Thus qPCR is relatively *insensitive* to the concentration of the target gene(s).

Assuming exact doubling  
of amplicon at each cycle  
then

$$2^n = 10\text{-fold}$$

$$n = 3.32$$



# Standard Dilution Series

- 1) To perform absolute quantification
- 2) To examine the efficiency of the qPCR reaction (This can influence the results of your experiment significantly; -3.32 slope is 100% efficiency)

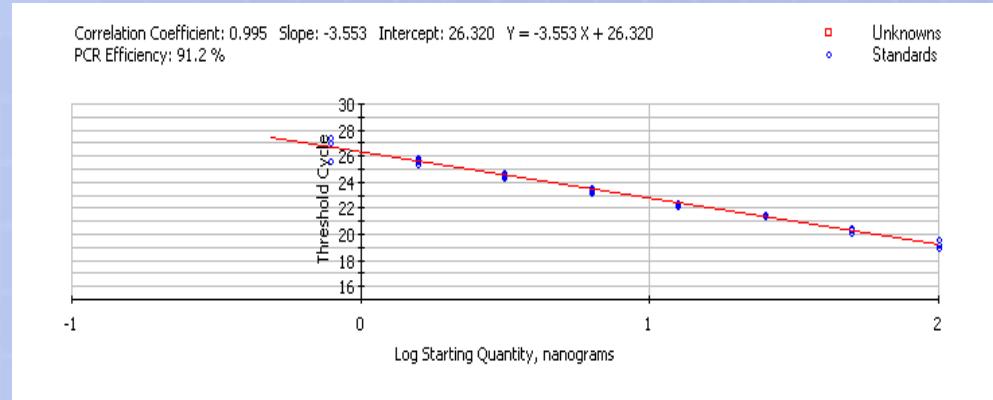
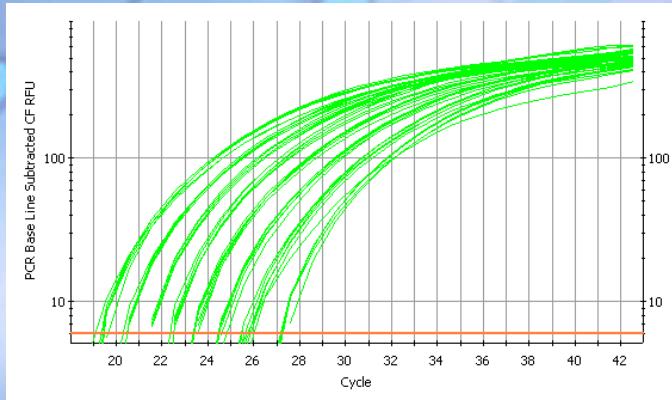


$$\text{Efficiency} = 10^{(-1/\text{slope})} \\ = 1.85$$

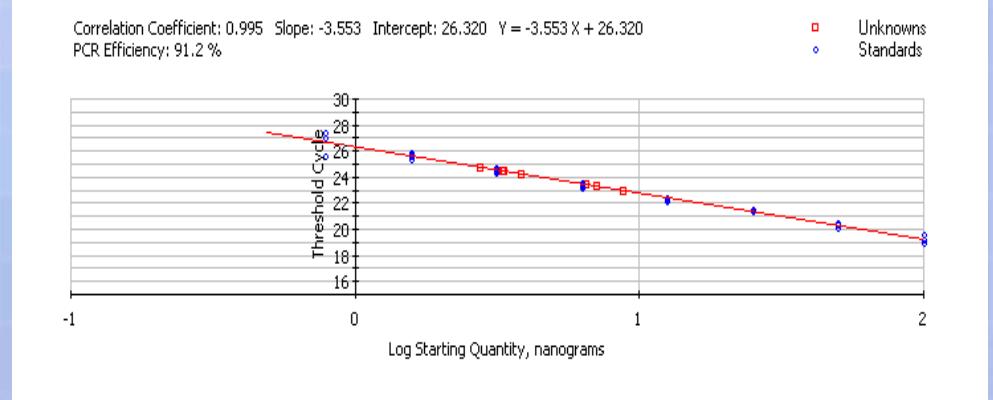
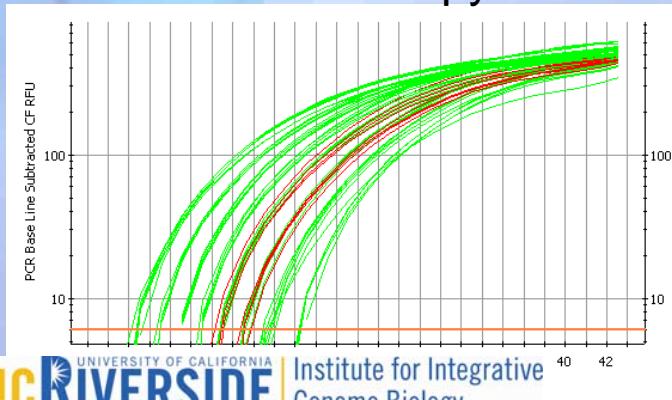
$$\% \text{ Efficiency} = 10^{(-1/\text{slope})} - 1 \times 100 \\ = 85\%$$

# Standard Efficiency Curves

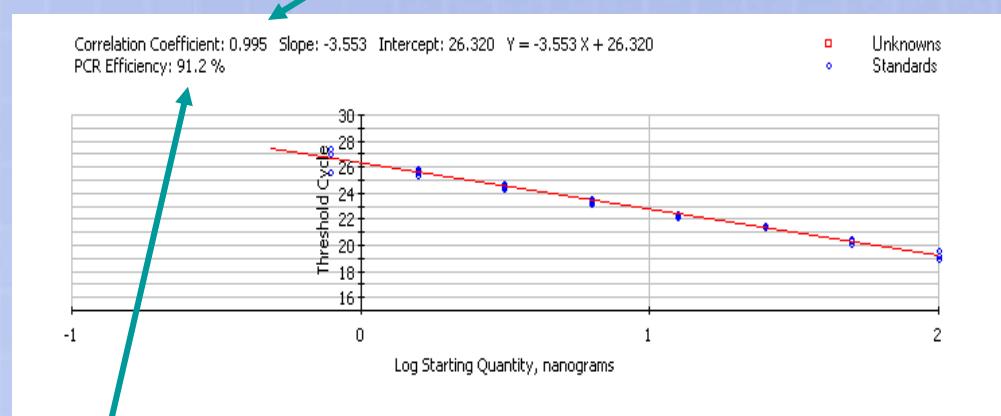
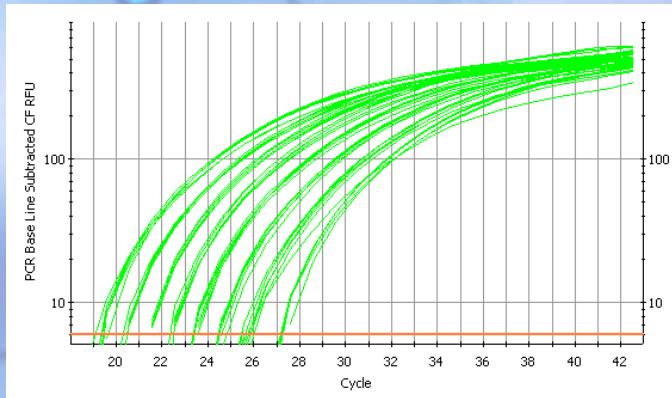
Standard Dilution Series can be used to.....



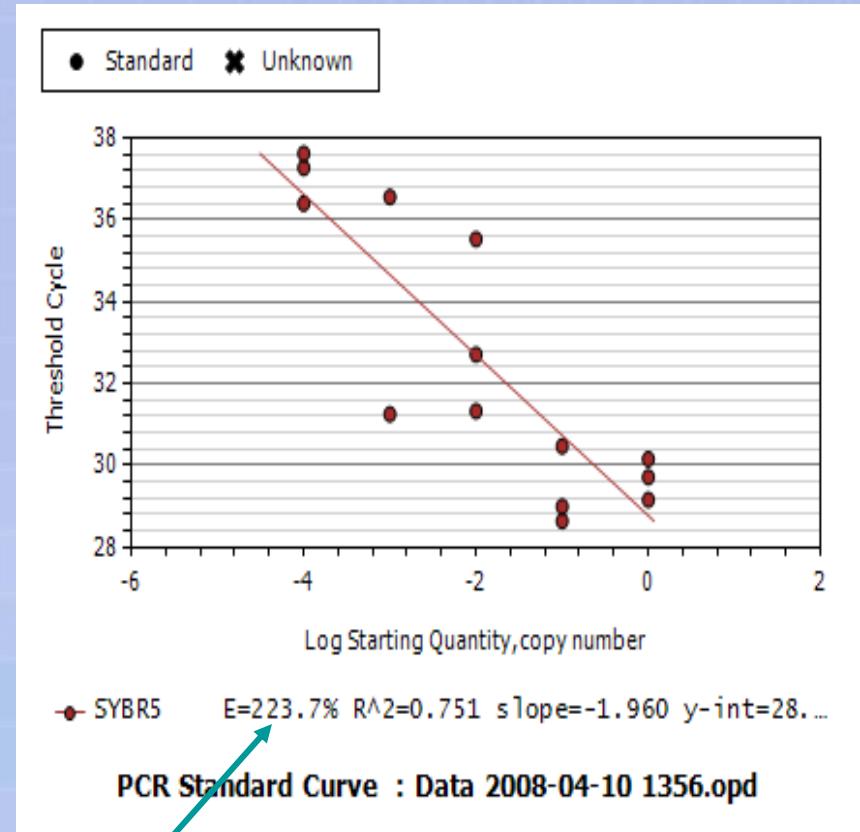
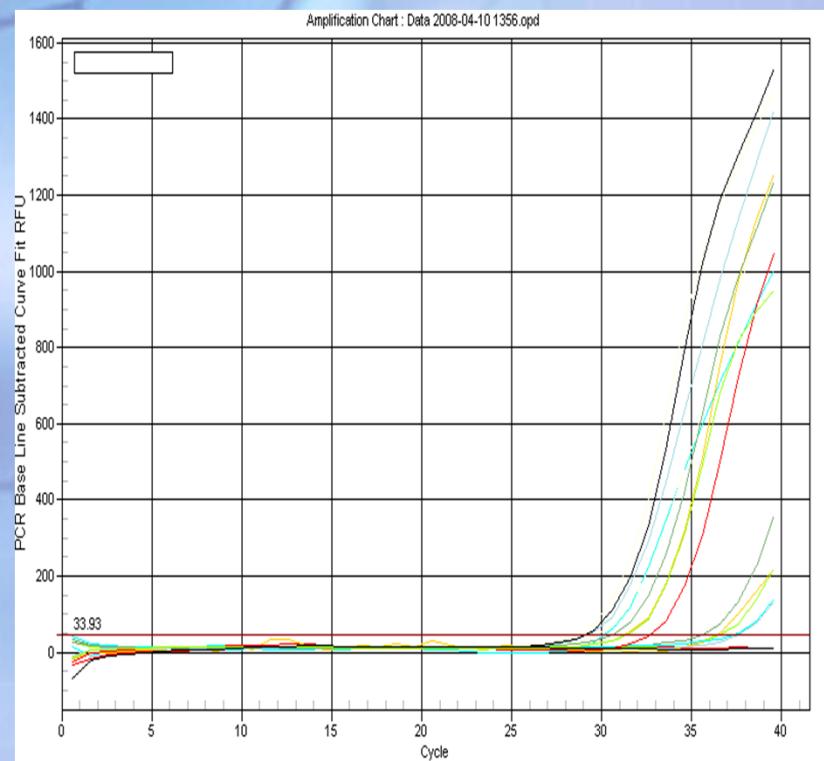
...determine the Copy Number or Concentration of an Unknown



# Example of Good Efficiency

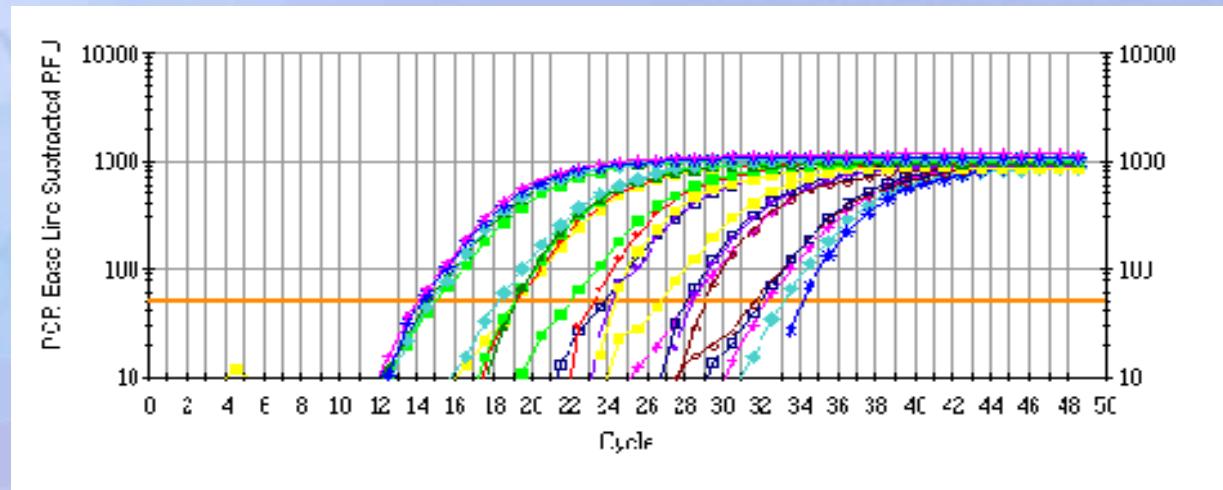


# Example of Unreasonably High Efficiency

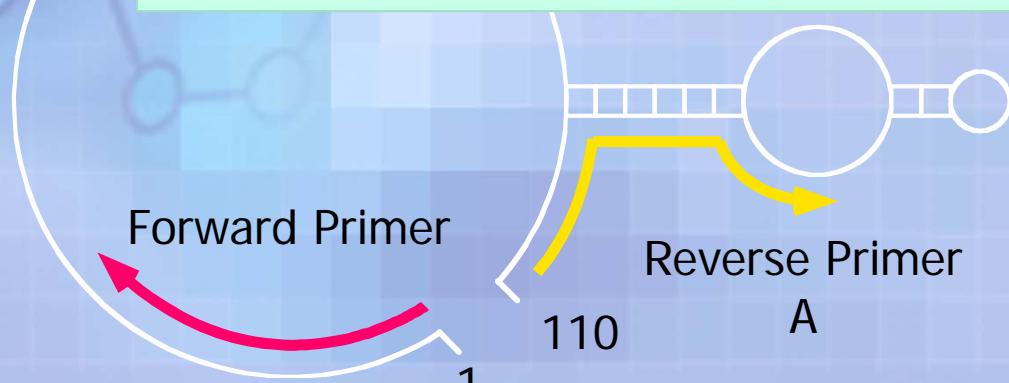


How do you get an efficiency of >200%?

# Unreasonably Low Efficiency

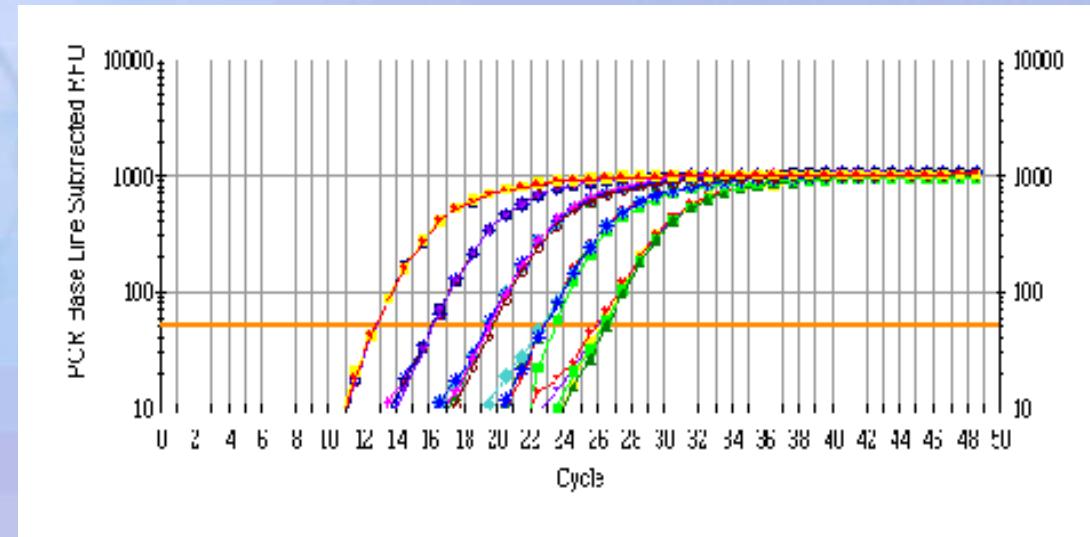


Secondary Structure in the template cDNA



Primer efficiency = 66.3%

# Efficiency is Now Good



Reverse  
Primer

Forward  
Primer

Primers designed to avoid secondary structure

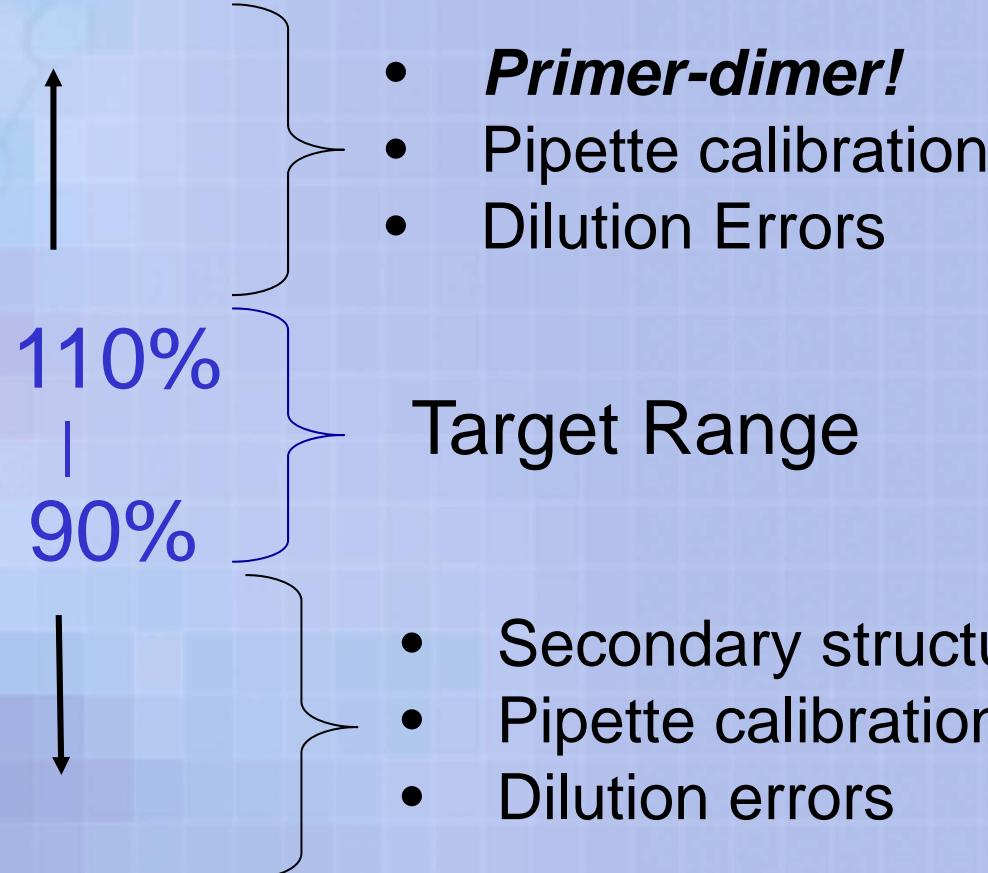
Primer efficiency = 95.8 %

110

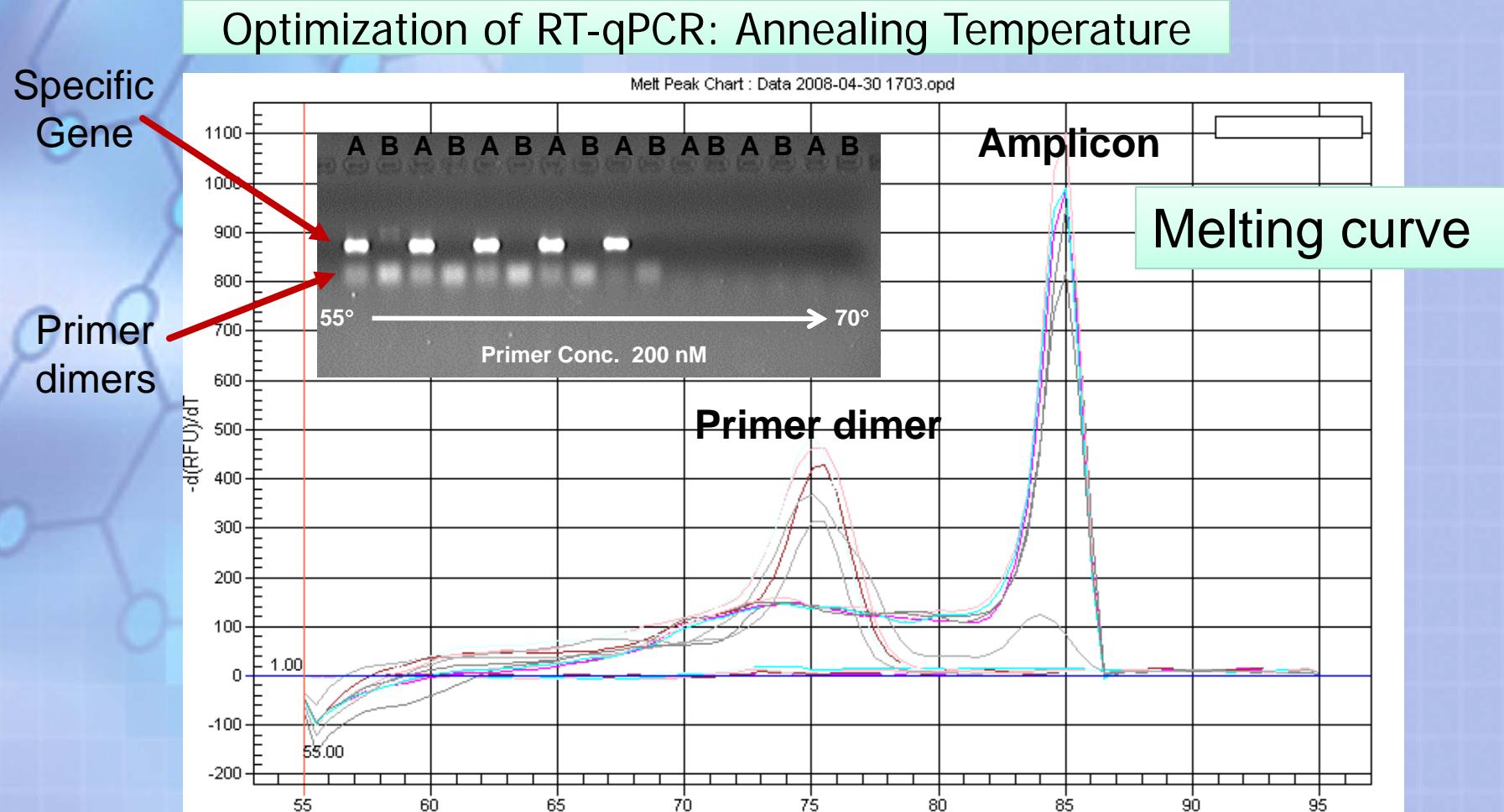
# Real-time PCR Efficiencies

$$\text{Efficiency} = 10^{-1/\text{slope}}$$

$$\% \text{ Efficiency} = 10^{-1/\text{slope}} - 1 \times 100$$



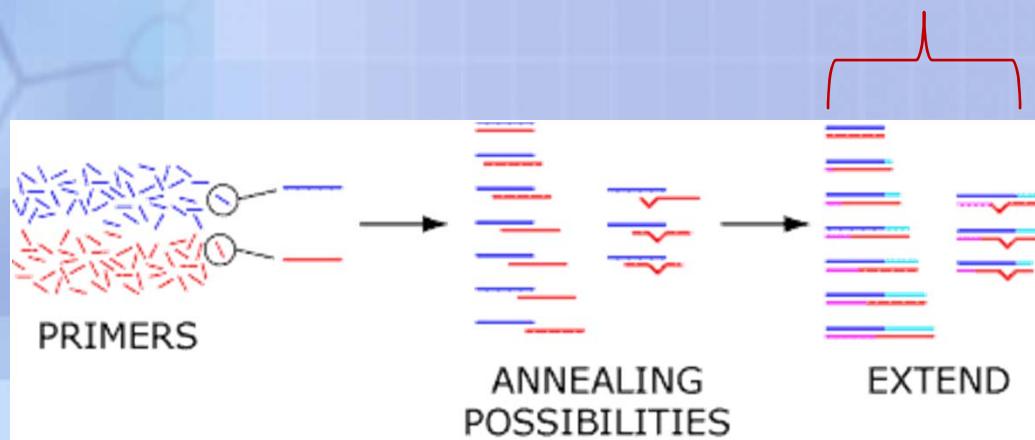
# Primer Dimers Raise the Apparent Efficiency



# What Are Primer Dimers?

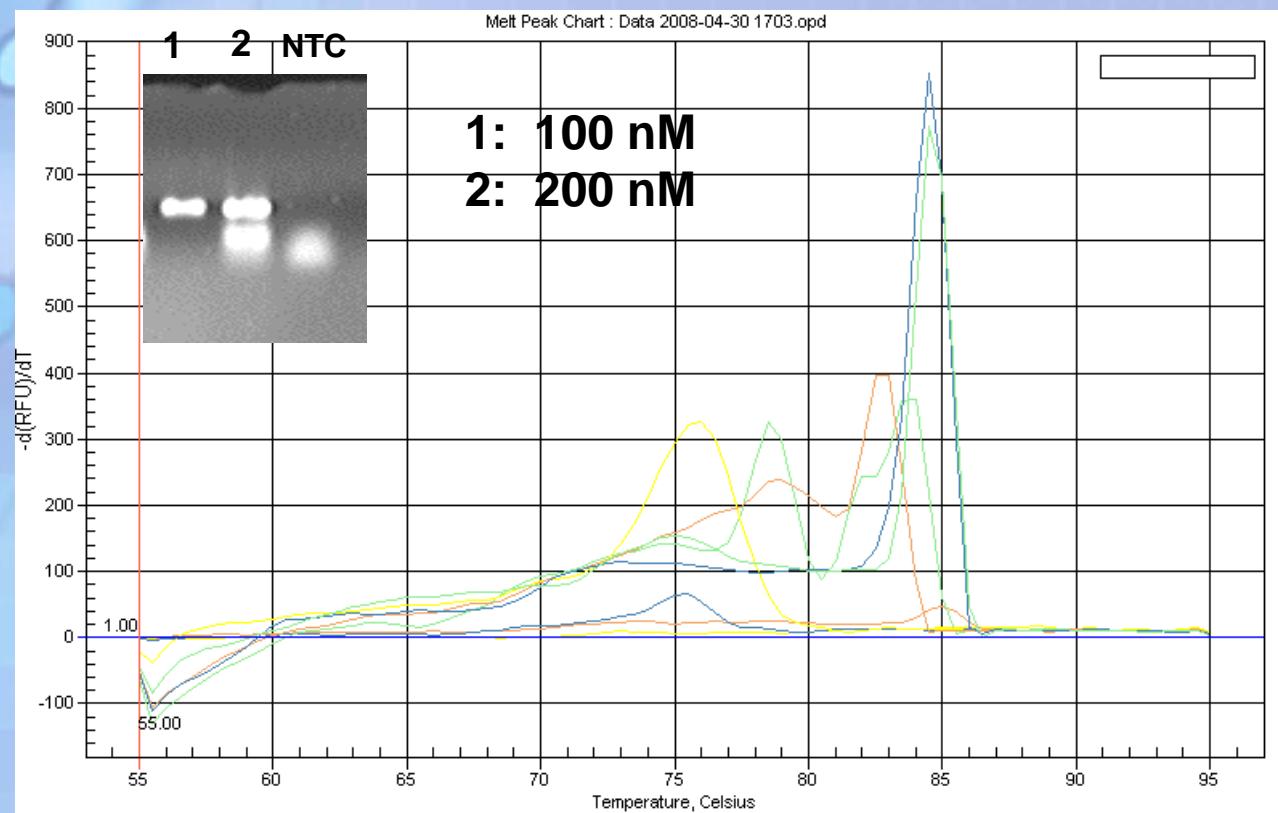
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These double strand products are detected by SYBR Green



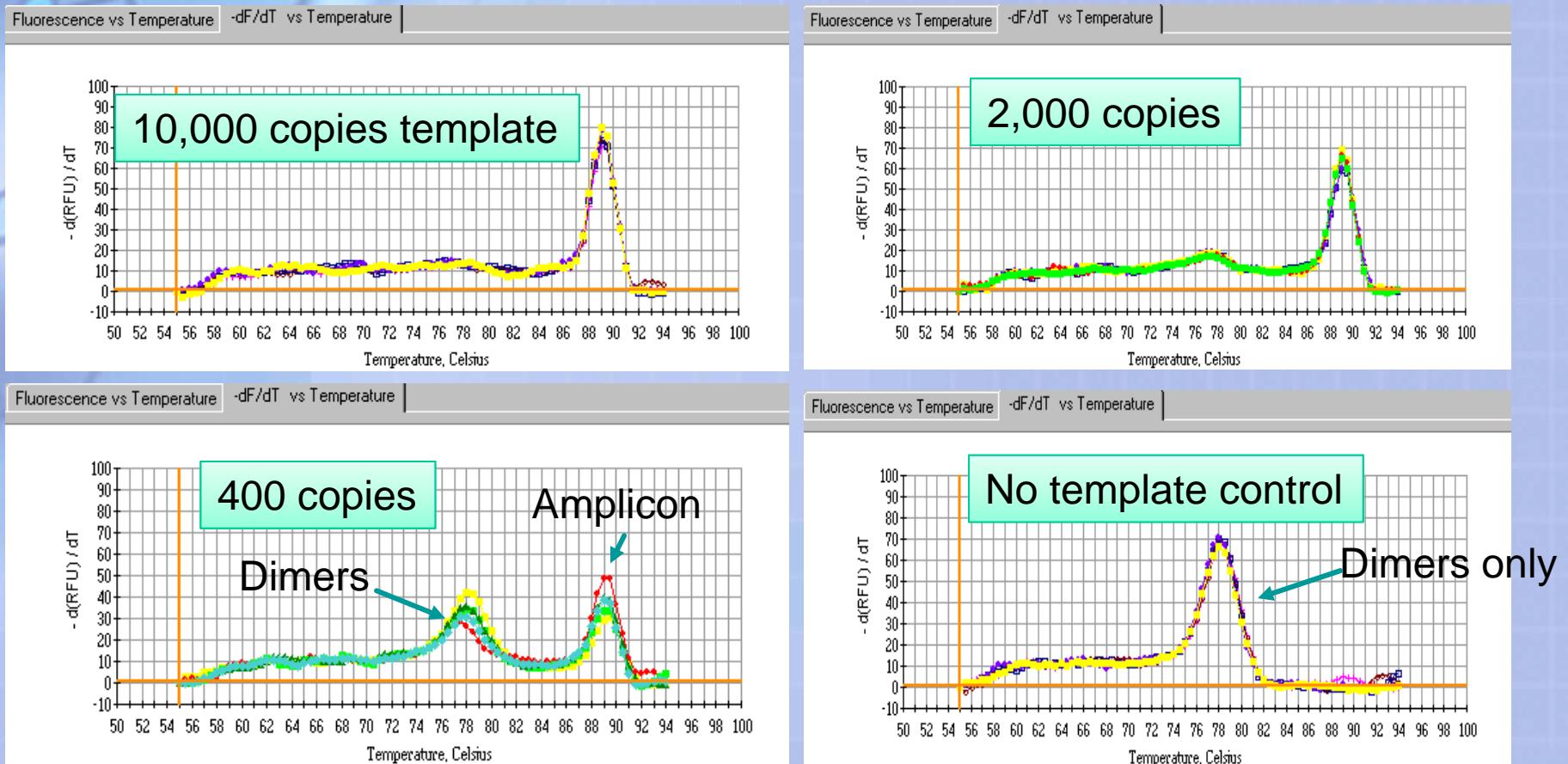
# Primer Concentration Affects qPCR Efficiency

## Optimization of RT-qPCR: Primer Concentration

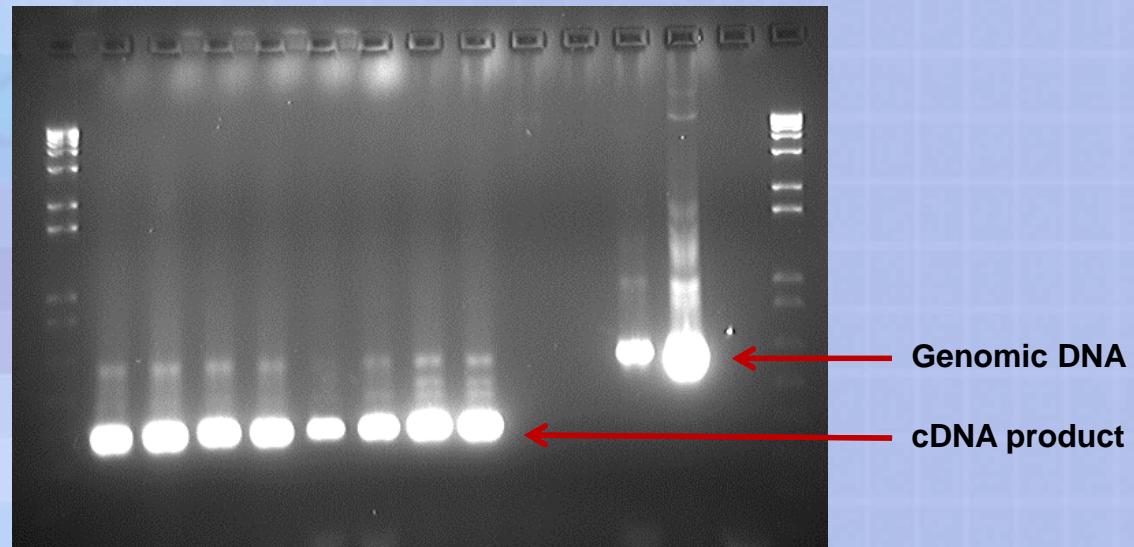


# Primer Concentration

Primer-dimers can be influenced by template concentration



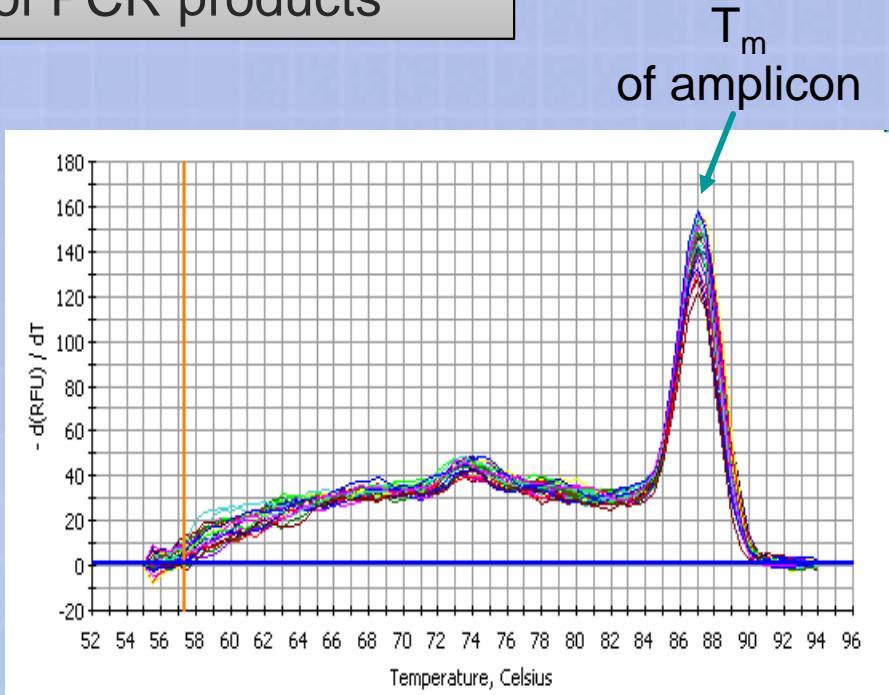
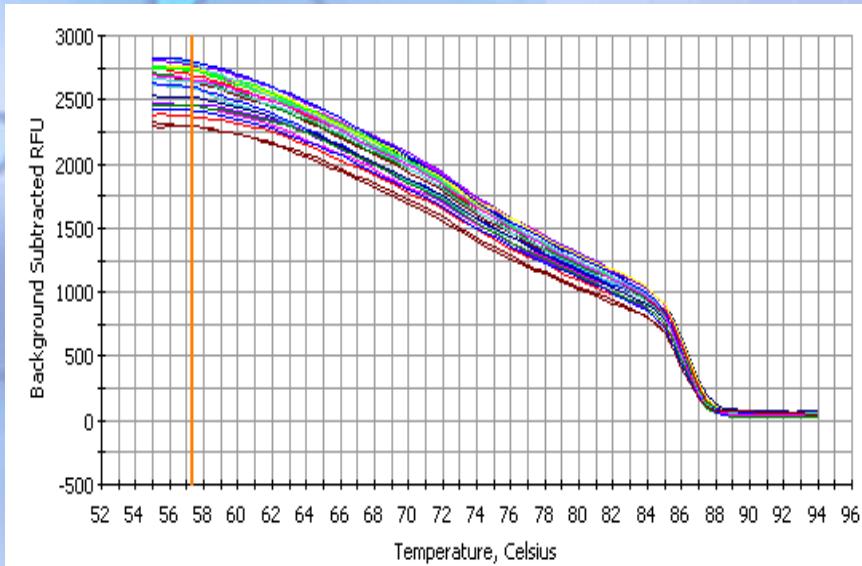
# Genomic DNA Contamination Can Affect PCR Efficiency



- DNase treatment will reduce contamination
- Also design primers across intron/exon boundaries

# Melt Curve Analysis

Analysis at the end of the qPCR run to determine the melting temperature ( $T_m$ ) of PCR products



Plot rate of change of fluorescence  
vs. temperature

# Why Do Melt Curve?

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- Identification of non-specific products
- Mutation detection/allelic discrimination



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# Optimizing Real time qPCR

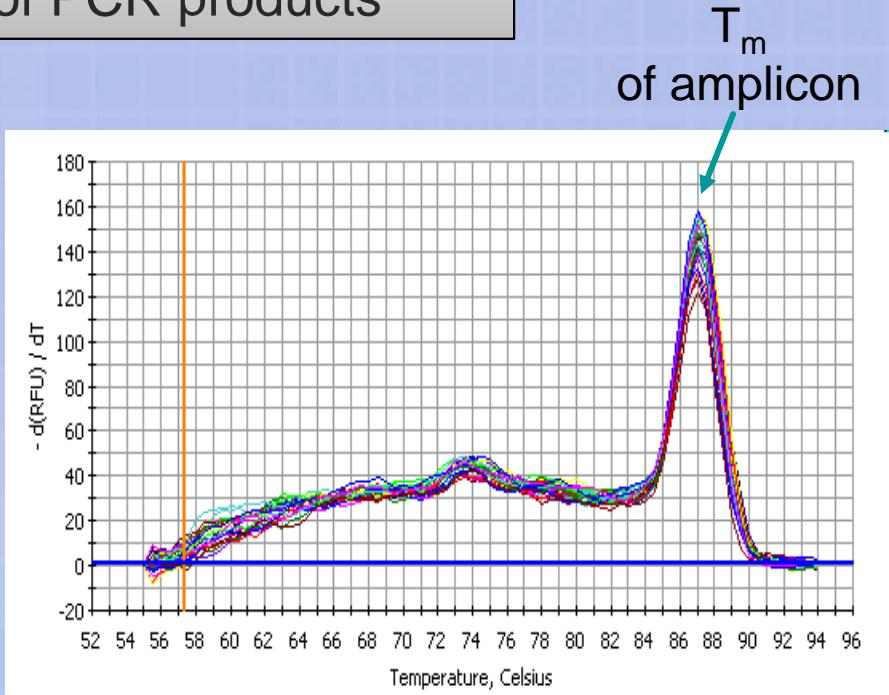
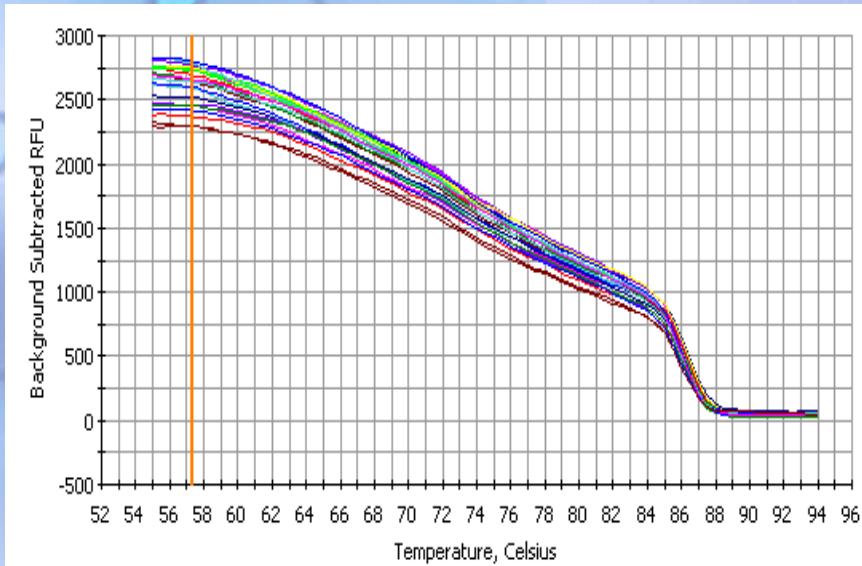
# Features for Reaction Optimization

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- Continuous Data Collection (iQ5/MYiQ)
- Thermal Gradient
- Melt Curve

# Melt Curve Analysis

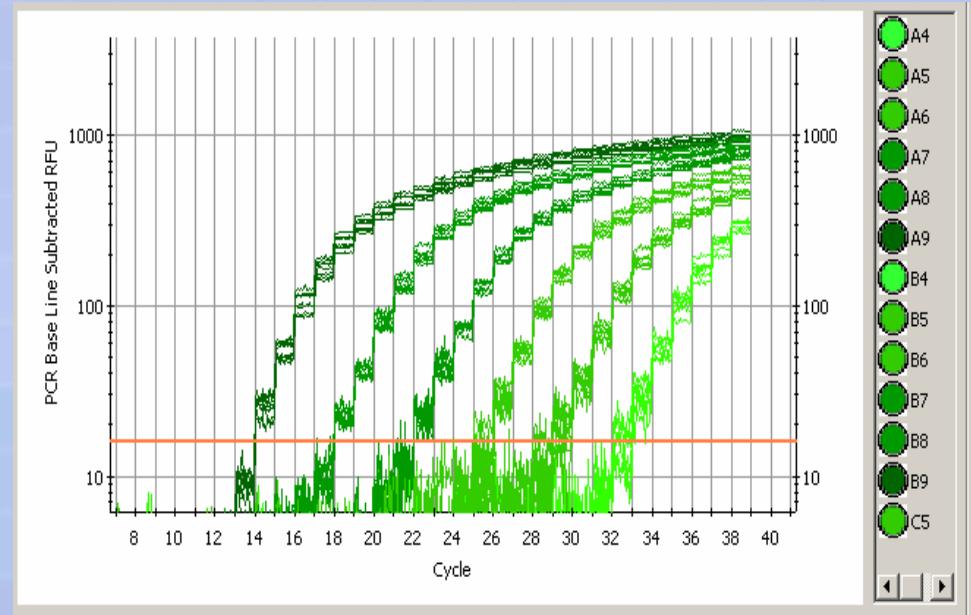
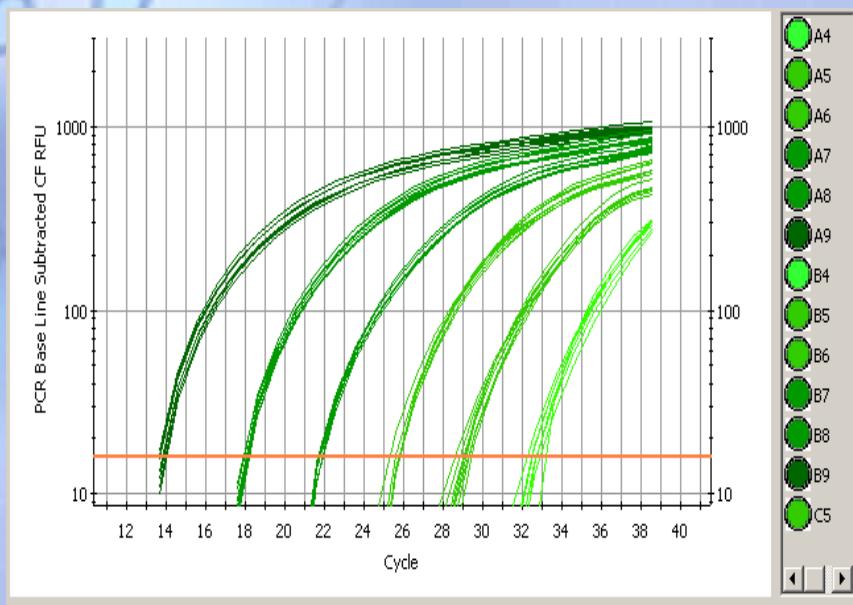
Analysis at the end of the qPCR run to determine the melting temperature ( $T_m$ ) of PCR products



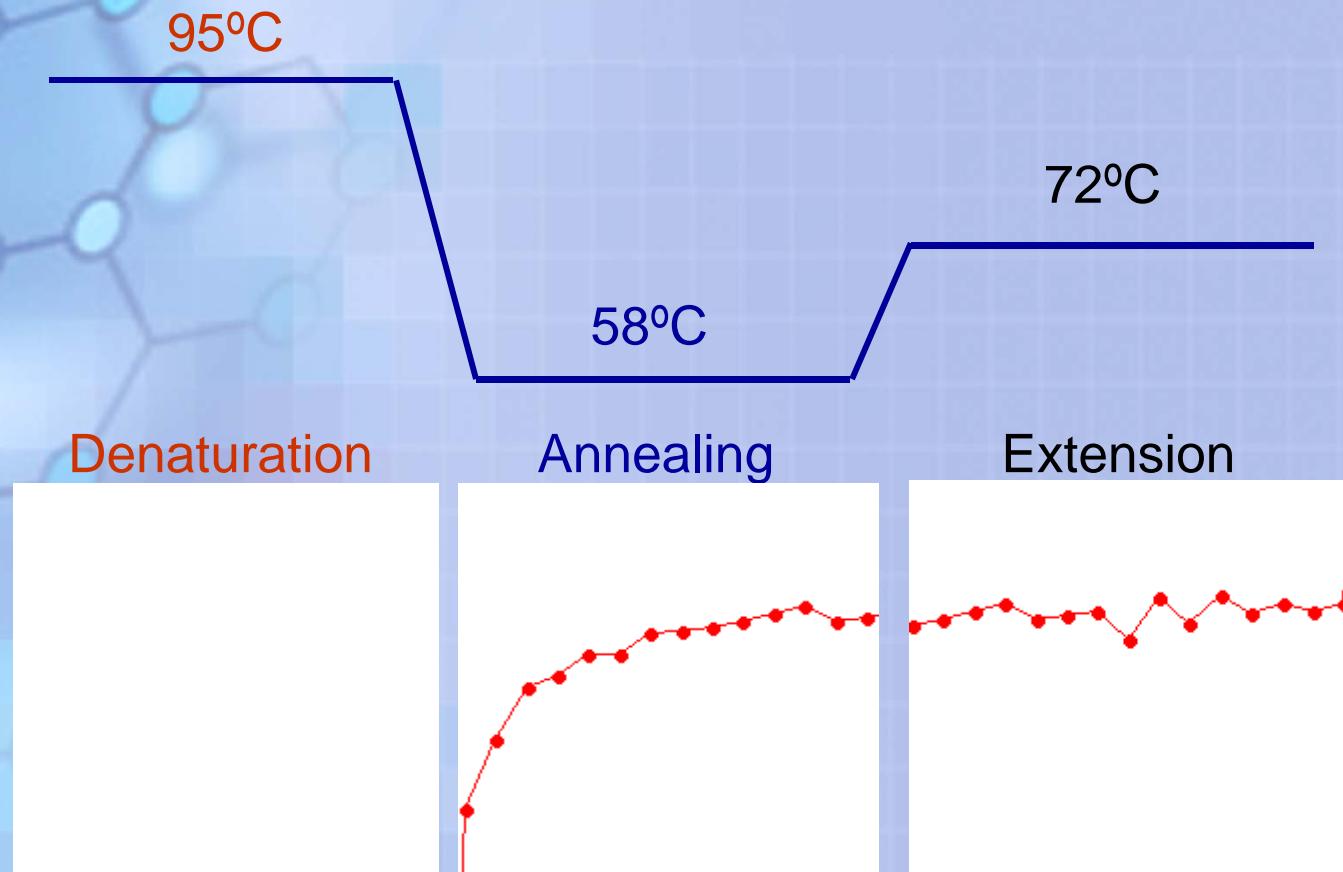
Plot rate of change of fluorescence  
vs. temperature

# Continuous Data Collection

- iCycler iQ features **continuous data collection** that is designed to focus analytical scrutiny on subsets of the data gathered
  - Optimize annealing/extension time
  - Chemistry kinetics



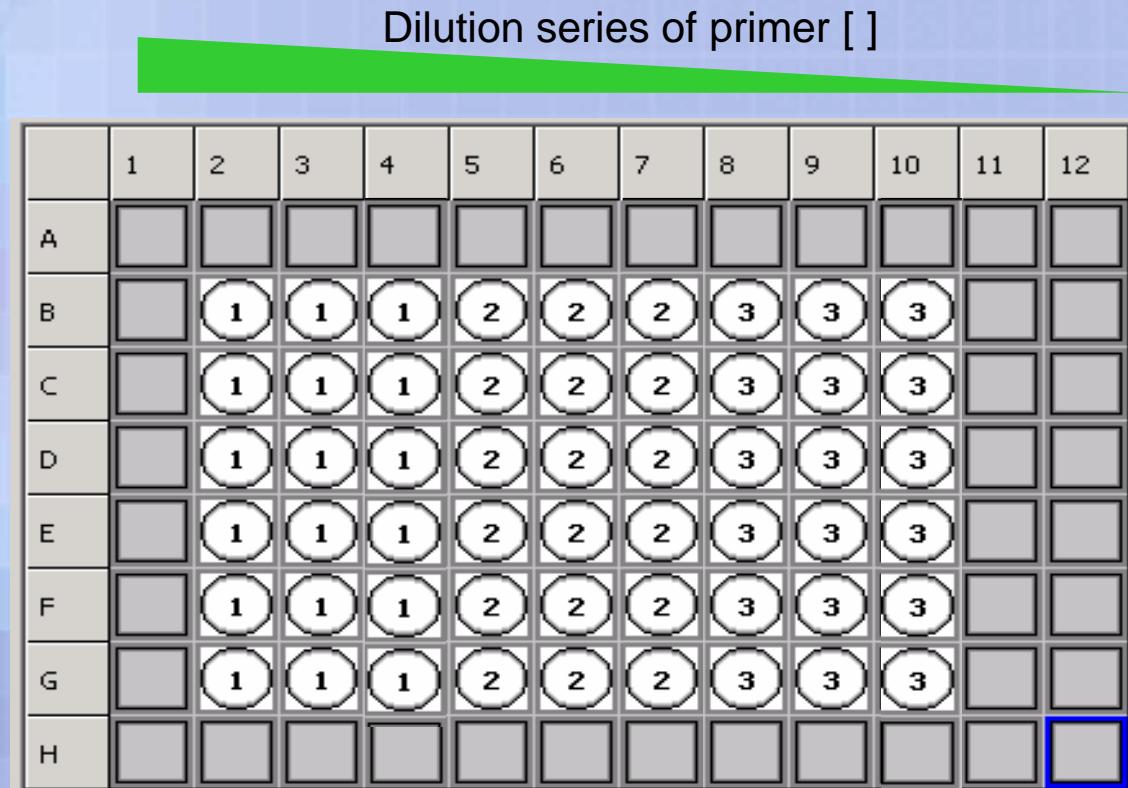
# Optimizing PCR Reactions: 2-Step PCR vs 3-Step



In some cases, can eliminate extension step since all amplification has already occurred during annealing

# Thermal Gradient Optimization

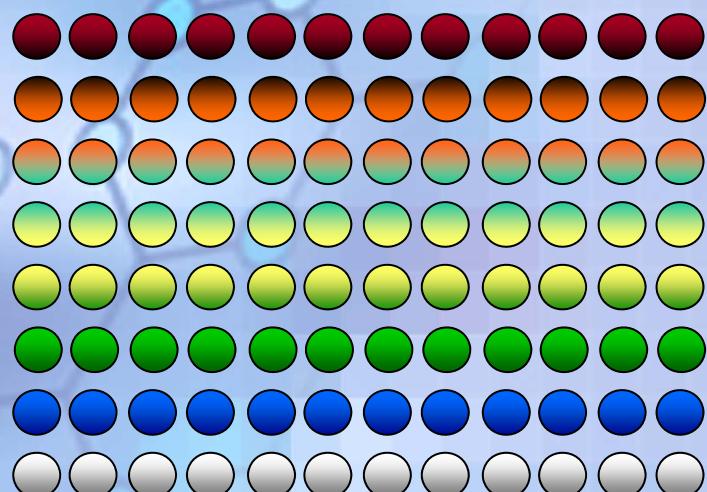
Look for specific product formation without primer dimers



Temperature  
Gradient  
(annealing temperature)

# iQ5/MYQ/CFX Thermal Gradient

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A	70.0
B	68.9
C	66.9
D	64.0
E	59.8
F	57.1
G	55.2
H	54.0

- Used for annealing/extension temperature optimization for PCR reaction specificity and efficiency
- Up to 24°C gradient range programmable across block

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# How do I get started?

# Examples of Reagents and Plates

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## Disposables

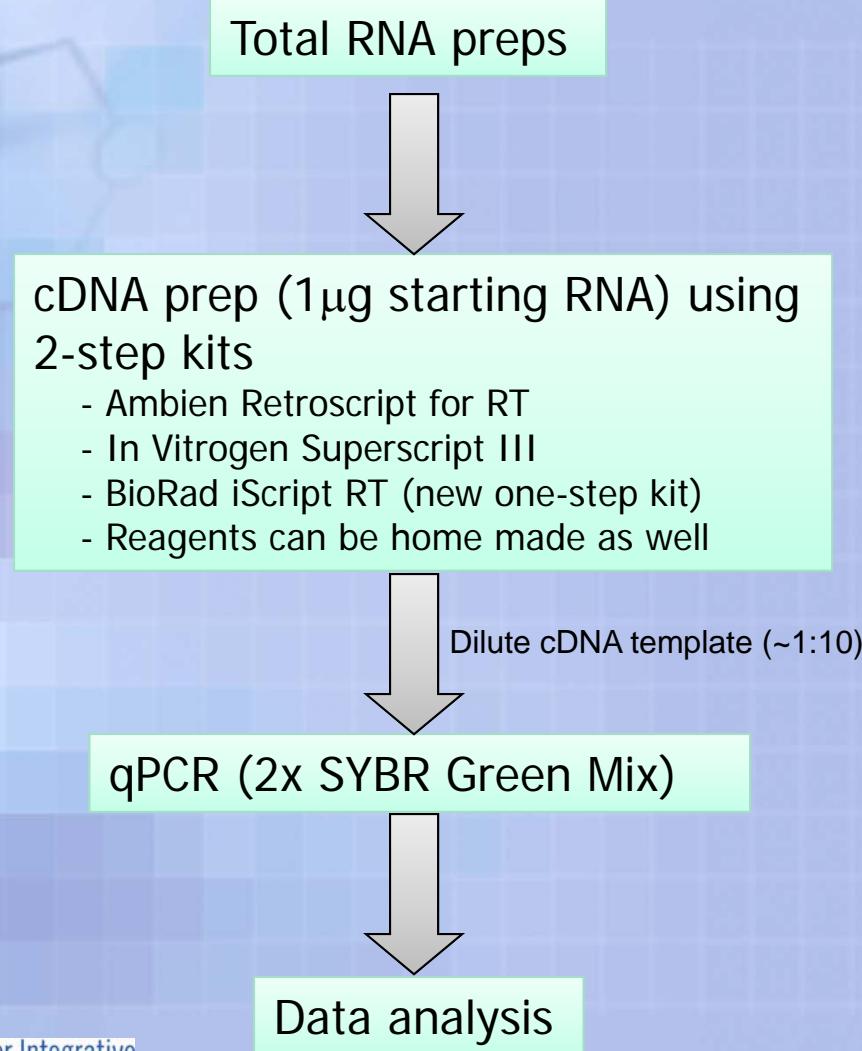
- Low profile plates (CFX96) BioRad MLL9601 (Box of 25)
- Regular plates (iQ5) Biorad 2239441 (Box of 25)
- Microseal B Film Biorad MSB1001 (Pkg of 100)

## Reagents

- iQ SYBR Green Supermix 500 x 50 $\mu$ l reaction (CFX and iQ5)
- iScript RT Supermix (1 step cDNA kit)
- SoAdvanced SYBRGreen Supermix 500 x 20 $\mu$ l reaction (CFX96 only; fast cycle reagent for <1 hr experiment)

# Workflow

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# Reaction Set-Up

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## qPCR reaction (per reaction)

Master mix	SYBRGreen SuperMix (Biorad)	12.5ul of 2x
	Primer forward (10uM)	0.25ul (100nM) (can use 100 to 500nM)
	Primer reverse (10uM)	0.25ul
	Water	<u>10ul</u> 23ul
<u>Template</u>		<u>2ul (typically 1:10 dilution cDNA)</u>
Total volume		25ul

- Set-up can be at room temperature if using a hot-start Taq polymerase
- Can use smaller reaction volumes (15 to 20ul cost less)

# Plate Set-Up



Set-up can be at room temperature if using hot-start Taq

# qPCR Optimization

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## A. Optimize conditions:

- 1) Annealing temperature
- 2) Primer concentration
- 3) Annealing/extension time
- 4) Sample prep protocol

## B. Test efficiency of primers:

- 1) Primer-dimer
- 2) Secondary structure

## C. Set up SYBR Green I experiments:

- 1) Standards and unknowns

**SYBR  
Green I**

# Primer Design

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There is nothing special about qPCR primers, but there are some considerations:

- Optimal Amplicon length 80-300 bp (can be longer)
- When designing primers, check for
  - predicted secondary structure
  - predicted primer-dimer formation
  - can also check for predicted hairpins in the amplicon
- Free tools at
  - IDT website (Google IDT)  
<http://www.idtdna.com/SCITOOLS/scitools.aspx>
  - mfold website  
<http://mfold.bioinfo.rpi.edu/cgi-bin/dna-form1.cgi>
  - Premier Biosoft  
<http://www.premierbiosoft.com/index.html>
- When designing multiple primers to be run on the same plate try to design primers with similar  $T_m$

# Template DNA

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## Genomic DNA

- Cut with restriction enzyme that does not cut within amplified region
- Boil DNA stock for 10 min and then onto ice

## Plasmid DNA

- If it doesn't work, linearize plasmid with restriction enzyme that does not cut within amplified region

## cDNA

- Treat total RNA with RNase-free DNase prior to reverse transcription
- Try to design primers at exon boundaries to avoid genomic DNA amplification

# Getting Consistent Results

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Do not underestimate the importance of using:

Dedicated set of pipettors for real-time PCR

Screwcap tubes

Aerosol-barrier filter tips

PCR-grade water

Pipet carefully!



# Obtaining Consistent Results

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- Wear gloves
- Create master mixes to average out error
- Mix very well by vortexing (at least 5 secs)
- No-template control to check for contamination
- Prepare reactions in replicate (ideally triplicate)
- Seal the optical sealer tape
- Inspect block for salt or dirt buildup
- Centrifuge to eliminate bubbles (bottom of well)

# Data Analysis

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- Relative Quantification
- Absolute Quantification
- Allelic Discrimination

# Some References

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## **Pfaffl method for relative gene quantification**

Pfaffl (2001) Nucl acids Res 29(9): e45

## **MIQE guidelines for publication of qPCR results**

Bustin et al (2009) Clinical Chemistry 55(4):611

Taylor et al (2010) Methods 50:S1-S5

## **Reference gene selection and normalization**

- Hellemans et al (2007) genome Biology8:R19 online at  
<http://genomebiology.com/2007/8/2/R19>
- Vandesompele et al (2002) Genome Biology 3(7):research0034.1 online at  
<http://genomebiology.com/2002/3/7/research/0034>

## **QPCR method and reviews**

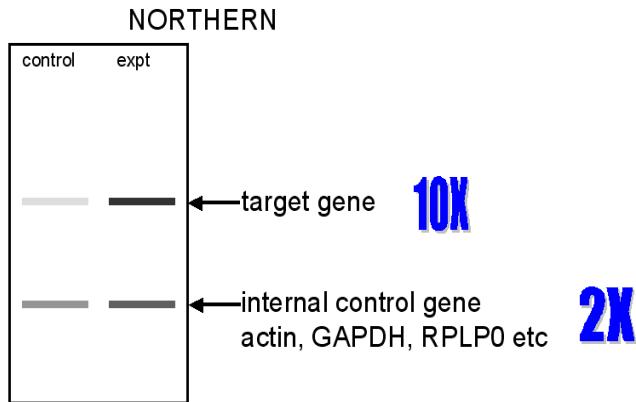
Bustin and Nolan (2004) J Biomolecular Techniques 15:155

Nolan et al (006) Nat Protocols 1(3):1559

D'Souza et al (2006) Pediatrics 118:1664 (Why accurate results matter)

# Principle of Relative Gene Expression

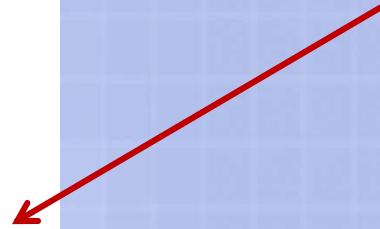
Example based on a Northern blot



**Corrected fold increase =  $10/2 = 5$**

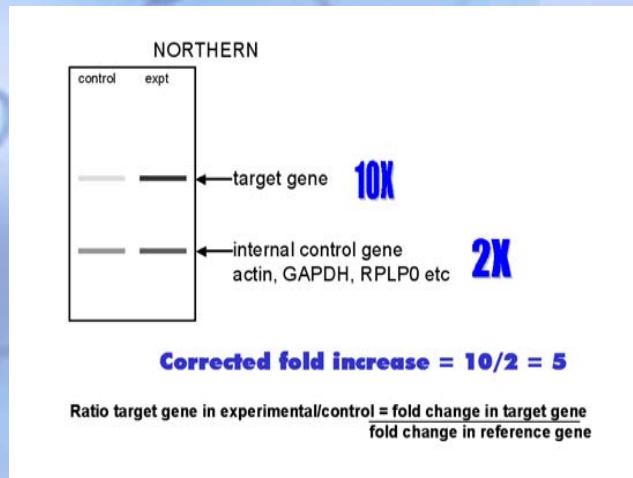
Ratio target gene in experimental/control =  $\frac{\text{fold change in target gene}}{\text{fold change in reference gene}}$

Gene expression is normalized compared to a reference gene



# Principle of Relative Gene Expression

Example based on a Northern blot



Normalized gene expression  
by qPCR (Pfaffl equation)

$$\text{ratio} = \frac{(E_{\text{target}})^{\Delta Ct \text{ target (control-treated)}}}{(E_{\text{ref}})^{\Delta Ct \text{ ref (control-treated)}}}$$

$E$  = qPCR efficiency

Pfaffl (2001) Nucl acids Res 29(9): e45

# Calculating Relative Gene Expression

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Pfaffl method: (*Pfaffl, 2001; Nucleic Acid Research*)

$$\text{Fold induction} = \frac{\text{Efficiency}_{\text{target}}^{\delta Ct_{\text{target}} (\text{control-sample})}}{\text{Efficiency}_{\text{reference}}^{\delta Ct_{\text{reference}} (\text{control-sample})}}$$

$$\text{Efficiency} = 10^{-1/\text{slope}}$$

Reference genes include Ubiquitin, actin, GAPDH, rDNA, and others

# Calculating Relative Expression

## Pfaffl method

*(Efficiencies are normalized)*

Tissue #1:
Tissue #2:

Reference  
Primers ( $C_T$ )

GOI Primers  
( $C_T$ )

(From Standard curve)	Efficiency:	$90\% = 1.9$	$100\% = 2$
	Delta $C_T$ :	$20-21 = -1$	$24-22 = 2$

$$\text{Fold induction in tissue \#1 relative to tissue \#2} = \frac{\frac{2_{\text{target}}}{1.9_{\text{reference}}}^{\text{deltaCt target } (24-22 = 2)}}{\frac{1}{1.9}^{\text{deltaCt reference } (20-21 = -1)}} = \frac{4}{0.53} = 7.5$$

All samples should be in triplicate with at least two biological replicates

# Calculating Relative Expression

## Pfaffl method

*(efficiencies are normalized)*

	Reference Primers ( $C_T$ )	GOI Primers ( $C_T$ )
Mutant or treated:	21	22
Wild type or untreated:	20	24
(From Standard curve)		
Efficiency:	90% = 1.9	100% = 2
Delta $C_T$ :	$20-21 = -1$	$24-22 = 2$
Fold induction in treated relative to untreated	= $\frac{2_{\text{target}}^{\text{deltaCt target } (24-22 = 2)}}{1.9_{\text{reference}}^{\text{deltaCt reference } (20-21 = -1)}}$	= $\frac{4}{0.53} = 7.5$

All samples should be in triplicate with at least two biological replicates

# Displaying Results

Can export results to Excel within the iQ5 software

	Well	Fluor	Type	Identifier	Replicate #	Threshold Cycle (Ct)	Ct Mean	Ct Std. Dev
30 mins	A01	SYBR	Unkn	1A_DMSO30_Ub	1	21.65	22.19	0.487
	A02	SYBR	Unkn	1A_DMSO30_Ub	1	22.58		
	A03	SYBR	Unkn	1A_DMSO30_Ub	1	22.35		
	A04	SYBR	Unkn	1B_DMSO30_BL	2	30.56	30.42	0.147
	A05	SYBR	Unkn	1B_DMSO30_BL	2	30.27		
	A06	SYBR	Unkn	1B_DMSO30_BL	2	30.44		
	A07	SYBR	Unkn	2A_Pru30_Ub	3	21.64	21.83	0.175
	A08	SYBR	Unkn	2A_Pru30_Ub	3	21.86		
	A09	SYBR	Unkn	2A_Pru30_Ub	3	21.99		
	A10	SYBR	Unkn	2B_PrU30_BL	4	29.22	29.65	0.436
	A11	SYBR	Unkn	2B_PrU30_BL	4	30.09		
	A12	SYBR	Unkn	2B_PrU30_BL	4	29.63		
	B01	SYBR	Unkn	3A_BL30_Ub	5	21.5	21.34	0.14
	B02	SYBR	Unkn	3A_BL30_Ub	5	21.32		
	B03	SYBR	Unkn	3A_BL30_Ub	5	21.22		
	B04	SYBR	Unkn	3B_BL30_BL	6	27.67	27.32	0.324
	B05	SYBR	Unkn	3B_BL30_BL	6	27.25		
	B06	SYBR	Unkn	3B_BL30_BL	6	27.04		
	B07	SYBR	Unkn	4A_NAA30_Ub	7	21.35	21.53	0.172
	B08	SYBR	Unkn	4A_NAA30_Ub	7	21.57		
	B09	SYBR	Unkn	4A_NAA30_Ub	7	21.69		
	B10	SYBR	Unkn	4B_NAA30_BL	8	30.43	29.98	0.402
	B11	SYBR	Unkn	4B_NAA30_BL	8	29.68		
	B12	SYBR	Unkn	4B_NAA30_BL	8	29.82		
	C01	SYBR	Unkn	5A_BLPrU30_Ub	9	21.62	21.39	0.197
	C02	SYBR	Unkn	5A_BLPrU30_Ub	9	21.29		
	C03	SYBR	Unkn	5A_BLPrU30_Ub	9	21.26		
	C04	SYBR	Unkn	5B_BLPrU30_BL	10	28.15	28.48	0.309
	C05	SYBR	Unkn	5B_BLPrU30_BL	10	28.76		
	C06	SYBR	Unkn	5B_BLPrU30_BL	10	28.52		
	C07	SYBR	Unkn	6A_NAAPrU30_Ub	11	21	21.19	0.19
	C08	SYBR	Unkn	6A_NAAPrU30_Ub	11	21.18		
	C09	SYBR	Unkn	6A_NAAPrU30_Ub	11	21.38		
	C10	SYBR	Unkn	6B_NAAPrU30_BL	12	29.77	29.74	0.242
	C11	SYBR	Unkn	6B_NAAPrU30_BL	12	29.48		
	C12	SYBR	Unkn	6B_NAAPrU30_BL	12	29.96		

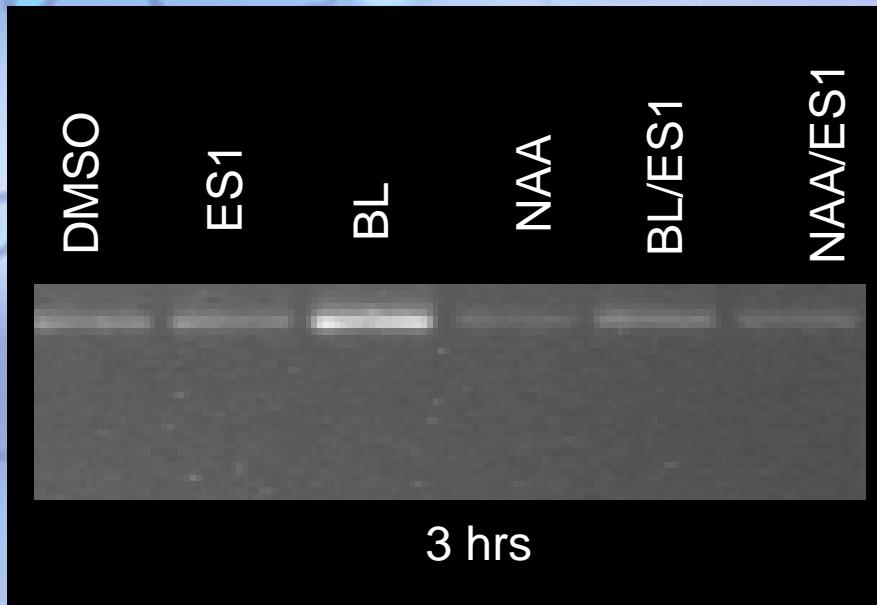
# Displaying Results

All software permits export of results to Excel

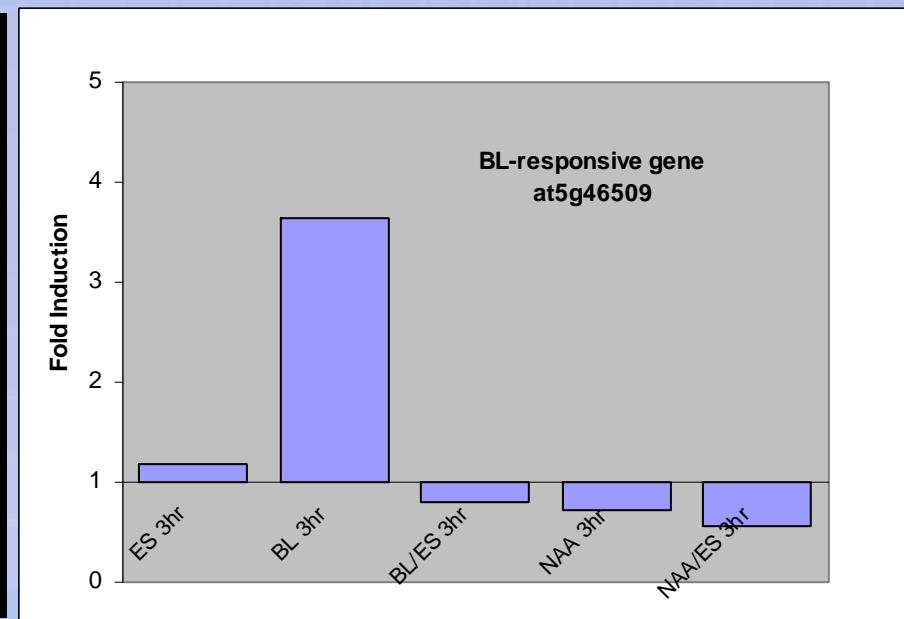
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	C11	SYBR	Unkn	6B_NAAPrU30_BL	12	29.48		
	C12	SYBR	Unkn	6B_NAAPrU30_BL	12	29.96		

# Displaying Results

## Semi-quantitative RT-PCR



## Quantitative-PCR



- Comparison of chemical vs non-treated samples
- Histogram generated in Excel

# Reference Genes (Vandesompele Method)

- There are no true “House keeping” genes
- This method uses more than 1 reference gene (3 is recommended) and takes the geometric mean to normalize fold expression
- Using a single reference gene can lead to erroneous normalization up to 3.0-fold and 6.4-fold in 25% and 10% of the cases, respectively, with sporadic values above 20-fold
- geNorm site: <http://medgen.ugent.be/~jvdesomp/genorm/>
- geNorm is a popular algorithm to determine the most stable reference (housekeeping) genes from a set of tested candidate reference genes in a given sample panel
- The CFX96 will provide Target Stability Values (M) to help assess reference genes

Vandesompele et al (2002) Genome Biology 3(7):research0034.1 online at  
<http://genomebiology.com/2002/3/7/research/0034>

# Why Careful Results Matter

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CONTROVERSY OVER MEASLES-MUMPS-RUBELLA (MMR) vaccine erupted in 1998 when it was suggested that the measles virus (MV) component of the vaccine was responsible for autistic enterocolitis, a new form of autism spectrum disorder (ASD) characterized by the presence of ileo-colonic lymphonodular hyperplasia, chronic inflammatory colonic disease, and loss of acquired cognitive skills after a period of normal development.

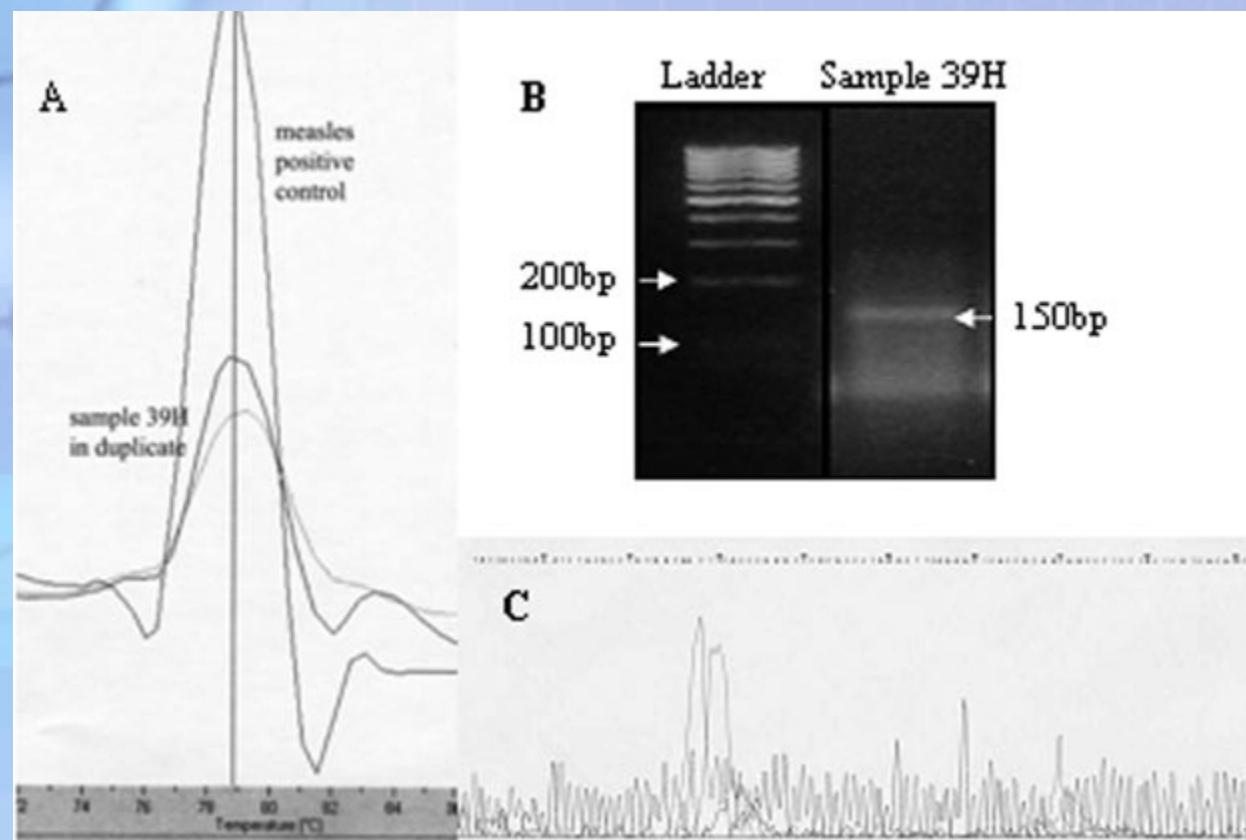
Wakefield AJ, Murch SH, Anthony A, et al. Ileal-lymphoidnodular hyperplasia, non-specific colitis, and pervasive developmental disorder in children. *Lancet*. 1998;351:637–641



Fear has reduced MMR vaccinations in the US

# Poor Technique with Serious Consequences

Non-specific products have correct melt temp for measles product,  
but not confirmed by sequence



D'Souza et al (2006) Pediatrics 118:1664

# Reagents and Plates

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## Disposables

- Low profile plates (CFX96) BioRad MLL9601 (Box of 25) - \$76
- Regular plates (iQ5) Biorad 2239441 (Box of 25) - \$76
- Microseal B Film BIORAD MSB1001 (Pkg of 100) - \$109.80

## Reagents

- iQ SYBR Green Supermix 500 x 50µl reaction (CFX and iQ5) - \$568
- iScript RT Supermix (1 step cDNA kit) - \$387
- SsoAdvanced SYBR Supermix 1000 x 20µl reaction (CFX fast cycle reagent for <1 hr experiment) - \$430

# Data Analysis

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*FINIS*